

HEALTH AND WELLBEING BOARD PAPER

FORMAL PUBLIC MEETING

Report of: Greg Fell

Date: 28th March 2024

Subject: Developing the new Joint Local Health and Wellbeing Strategy

Author of Report: Helen Watson (293 0514)

Summary:

This report describes progress on the development of the Sheffield Joint Local Health and Wellbeing Strategy 2024-2034.

Questions for the Health and Wellbeing Board:

- Is there anything missing from the strategy development process that the Board would expect to see?

Recommendations for the Health and Wellbeing Board:

Board members are asked to:

- Note the strategy development journey outlined in this report and the timescales for finalising and publishing the new strategy.
- Support the revised implementation period for the strategy of 10 years.
- Participate in a Spring private workshop to agree priorities and develop commitments for the strategy.
- Provide any additional steer and guidance including the role of the public and partner organisations in development and endorsement of the Strategy.

Background Papers:

- Summary of pre-existing public engagement – ‘What matters to Sheffielders for a good life?’

Which of the ambitions in the Health & Wellbeing Strategy does this help to deliver?

The refreshed Joint Local Health and Wellbeing Strategy 2024-2034 will reset the ambitions for the city.

Who has contributed to this paper?

Sheffield City Council	Helen Watson Susan Hird Dan Spicer Chris Gibbons Jen Rickard
NHS	Anthony Gore Kathryn Robershaw Kate Gleave
Healthwatch	Judy Robinson
VCSE	Helen Steers

Developing our new Joint Local Health and Wellbeing Strategy

1 SUMMARY

1.1 This report describes progress on the development of the Sheffield Joint Local Health and Wellbeing Strategy 2024-2034.

2 BACKGROUND

2.1 The current context in Sheffield post-pandemic, including longstanding structural inequalities and the cost-of-living crisis, means that people's health and wellbeing and widening inequalities require focused attention and action by all Sheffield partners.

2.2 The Sheffield Health and Wellbeing Board (HWBB) has a statutory role in producing a Joint Local Health and Wellbeing Strategy (JLHWBS) for the city. The overall purpose of the strategy is to set the key priorities for reducing inequalities in and improving the physical and mental health and wellbeing of the people of Sheffield. It is delivered by all key partners in the city including communities.

3 WHO HAS BEEN INVOLVED IN THE STRATEGY DEVELOPMENT SO FAR?

3.1 The development work for the new JHWBS has been stewarded by a small editorial group consisting of a subset of HWBB members and others who bring expertise in the Sheffield health and wellbeing system and have links with wider City strategies including City Goals. However, progress has been dependent on the generous and honest contributions of Board members, people from a wide range of partner organisations, and from Sheffielders – all sharing their perspective and experiences, aspirations for the future, and bringing constructive challenge. We have been mindful of the need for diverse thinking in the development of the strategy and have tried to ensure equitable opportunities for involvement.

3.2 This has included:

- Reviewing relevant data from 22 pre-existing sources of public engagement from the past 5 years, which included the voices of at least 1836 people living in Sheffield: younger people, adults of working age, older people, people with learning and physical disabilities, families with children with special educational needs, and people from ethnic minority groups (See Appendix 1).
- Strategy development session on 16th January 2024 with HWBB members
- Public workshop on 31st January 2024 – 'Shaping Sheffield's approach to health and wellbeing', which involved 77 participants; Elected Members (5), colleagues from NHS organisations (6), South Yorkshire Police (1), South Yorkshire Combine Mayoral Authority (1), Business Sector (2), University of Sheffield (1), Voluntary and Community Sector (24 people from 21 different organisations), Sheffield City Council (28 people including 3 Executive Directors), members of the public (9).

- Engagement with Directorate Leadership Teams within Sheffield City Council
- Attending Sheffield City Partnership Board on 8th March 2024
- Strategy development workshop with Elected Members in the Strategy and Resources Committee on 13th March 2024

3.3 We are aware that the voices of the Faith sector and Business sector have been underrepresented in the conversation so far, and we are trying to address this. We are also keen to hear if there are groups of people in Sheffield or organisations who feel they have not yet been offered sufficient opportunity to be part of the development process.

4. WHAT HAS THE STRATEGY DEVELOPMENT JOURNEY INVOLVED?

Looking back – where have we come from?

4.1 We created space in the private workshop in January 2024 for Board members to reflect with curiosity and honesty, and to get an understanding of what has or hasn't been achieved over the life of the previous strategy and why, and what we want to take forward into the new strategy.

4.2 Some key insights include identifying that COVID had a huge impact on the Board's ability to focus efforts on implementing the current strategy, especially plans to convene city conversations around each ambition. However, the Board did still do some good work, with specific examples including Compassionate Sheffield, Employment and Health, and Housing and Health.

4.3 There were some things felt to be missing from the previous strategy:

- An understanding of what health and wellbeing means to the people of Sheffield, which the Board then has a role in helping deliver.
- A clear plan for accountability for delivery, to ensure we could know if the strategy and Board was having an impact.
- A focus on asset-based working, transferring power and working with communities.
- Commitments about how our collective assets are used to promote equity, including the allocation of our financial resources.

4.4 We also heard from Board members that they feel that:

- Strategies can be long and wordy, full of jargon, and they would like this strategy to be very accessible.
- They want the new strategy to be tangible and have some ongoing connection with the public about the impact it's having on their life.
- They would like a living document that they can refer back to and use, while they are living and breathing this work.
- Much of the content of the last strategy is still very relevant and very important.
- However, we can't do things the way we've always done them and need the new strategy to encourage new thinking and bravery across different parts of the system.

- It's vital that we genuinely listen to and involve people and partners in the development of the strategy and ensure we have diverse voices contributing to the work.

Looking around – where are we now?

- 4.5 The editorial group reviewed the current Joint Strategic Needs Assessment, which summarises data from a wide range of sources to describe the current state of health and wellbeing of people across Sheffield.
- 4.6 As well as gaps in health and wellbeing outcomes between Sheffield and other places, we see persistent gaps in the length of life, quality of life and access to the building blocks of a good life between different groups of people within our city, gaps which are unfair and preventable.
- 4.7 People in our poorest neighbourhoods are dying around a decade earlier than people in the wealthiest areas and are spending more of their life in poor health. They also have more complex poor health as they are affected by multiple health conditions at an earlier age.
- 4.8 National data demonstrates that other groups in the population also experience unfair gaps in length and quality of life and access to the building blocks of a good life, including people from some minority ethnic groups, people with a learning disability, people with a severe mental illness, asylum seekers and refugees, and people experiencing multiple disadvantage. However, there is currently a lack of detailed local data to enable us to describe these gaps fully within Sheffield.

Looking forward - where do we want to get to?

- 4.9 There has been clear consensus from the input of the public, partners, and Board members that we want to see a fairer and healthier future for Sheffielders, and that the overarching aim and vision of the new strategy should be to:

'Close the unfair gap in length and quality of life, by improving the health and wellbeing of those worst off the fastest.'

- 4.10 We have also listened to what Sheffielders say matters for this future good life, by undertaking thematic analysis of relevant data contained within 22 pre-existing sources of public engagement from the last five years. This included the voices of at least 1836 people living in Sheffield: younger people, adults of working age, older people, people with learning and physical disabilities, families with children with special educational needs, and people from ethnic minority groups. We have summarised the findings within 11 broad themes and presented these in a video (Figure 1), and in the report in Appendix 1.

Figure 1: What matters to Sheffieldsers for a good life?



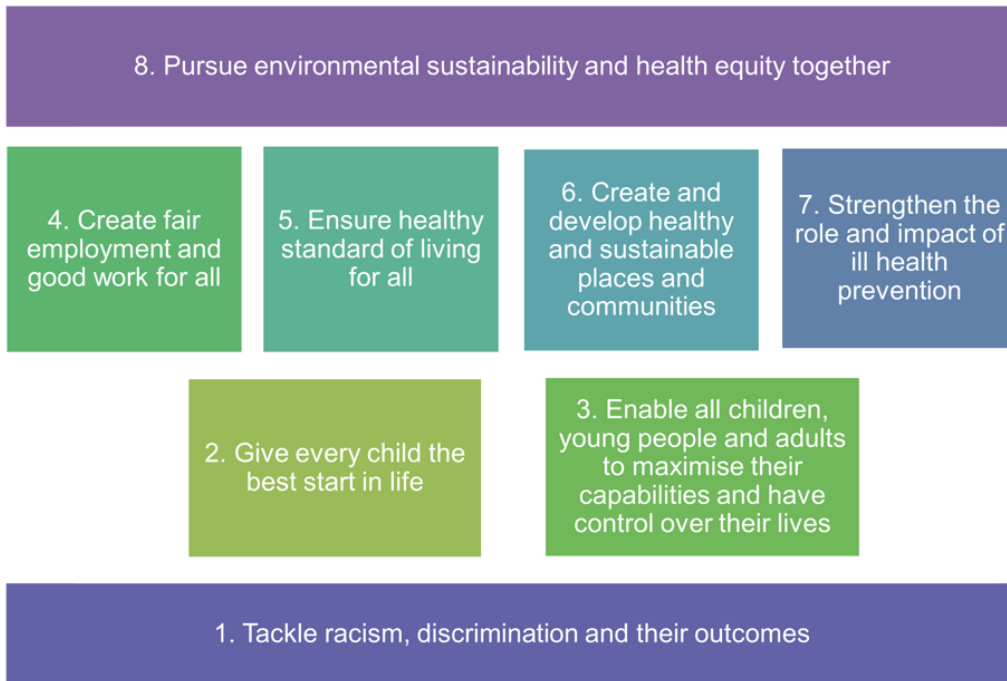
What matters to people in Sheffield for a good life?

How are we going to get there?

4.11 Co-designing a path to the shared vision of the future has involved the editorial group reviewing a range of evidence and frameworks from the academic literature and other publications and creating space for deep listening and critical conversations with the public, partners and Board members. The outcome of this work is the recommendation that the strategy be shaped around eight foundational building blocks and four radical shifts.

4.12 The eight building blocks have been modified from the work of Professor Sir Michael Marmot at the Institute for Health Equity and are the foundations for a fairer and healthier future for Sheffieldsers – this is what we need to ensure is in place to create health and wellbeing for all (Figure 2). Many contributors have identified the good work already underway to address unfair gaps in health and wellbeing among Sheffieldsers, which align with these building blocks, and which we can build on. We have also heard about areas where we need to see more focused action as we move forward in the implementation of the new strategy.

Figure 2: Eight building blocks



4.13 The four radical shifts (Figure 3) are critical for making this new strategy more than just a grand ambition or inspiring words. We have heard the frustration from contributors who feel disillusioned and disappointed about the lack of momentum and determined action in the past. The four radical shifts are about acknowledging where we need to get unstuck and where the Board, its members and their organisations need to unlock the way to journey together to that shared vision of the future.

Figure 3: Four radical shifts



4.14 We've explored with the public and partners what it would look like if we made these four radical shifts and what it would take to do it, and we're using this input to develop challenging recommendations for brave and bold commitments from the Board and its member organisations to make them a reality.

4.15 The implementation of this strategy is going to require a long journey in the same direction, there's no quick way round to addressing the unfair gaps in length and quality of life among Sheffielders, so we are recommending that this strategy have a 10-year timeframe for implementation.

5. WHAT ARE THE NEXT STEPS IN THE DEVELOPMENT OF THE STRATEGY

Agreeing Board commitments and priorities

5.1 We want to encourage the Board to dedicate time to respond to the challenging recommended commitments for action to take on these radical shifts and to agree priorities within the eight foundational building blocks. This response will be incorporated into the strategy and inform the initial delivery plan. We suggest this could be best achieved in a private workshop with Board members taking place after the local government elections in May. We are keen to explore opportunities for the public and partners to review these agreed commitments and priorities and to challenge the Board if they feel they aren't brave and bold enough.

Exploring indicators

5.2 The editorial group has begun to identify a range of potential indicators that could be adopted to monitor the progress and impact of the strategy, to help us to understand if we are travelling in the right direction to the future we want to see. This work will be informed by the commitments and priorities agreed by Board members, and a refined set of indicators will be incorporated into the final strategy product.

Developing the first delivery plan

5.3 As we are proposing a 10-year implementation period for the strategy, this will be accompanied by 3-yearly reviews of progress and priorities, and yearly Board delivery plans to ensure clarity about the action the Board and its members are committed to and accountable for. The first delivery plan will be developed after the Spring workshop and will be published alongside the new strategy.

Ensuring synergy with Sheffield City Goals transition work

5.4 We are working to develop a clear narrative about how the strategy aligns with and supports delivery of the ambitions of the City Goals, and will continue to liaise with the

City Goals transition team to identify areas of synergy that we can build on and how to avoid duplication and confusion.

Product design

5.5 We have considered the views of Board members, partners and the public about the format and 'feel' of the new strategy and the desire for this to be tangible, accessible, living and interactive, and something that enables a connection between the Board and Sheffielders. We are beginning to explore the option of a hosted microsite rather than a traditional written strategy document, as this format would support interactive content including videos presented by Board members and is something that can evolve and develop over the life of the strategy, and tell the story of its implementation and impact.

Finalising and publishing the strategy

5.6 Our intention is to finalise the content of the strategy and bring this for agreement to the June 2024 HWBB meeting, and then finalise and publish the interactive format by the end of August 2024.

6 HOW DOES THIS WORK IMPACT ON HEALTH INEQUALITIES IN SHEFFIELD?

6.1 A clear and well-articulated strategy is central to:

- Setting common goals based in an understanding of conditions in Sheffield and what the evidence says works to address challenges;
- Providing a framework within which Sheffield partners can work together in pursuit of those goals; and
- In doing that, ensuring resources in Sheffield are used most effectively and efficiently in addressing health inequalities.

6.2 The refreshed strategy will be clear about how it will impact on inequalities, how this will be measured and monitored, and mechanisms for accountability.

7. QUESTIONS FOR THE BOARD

7.1 Is there anything missing from the strategy development process that the Board would expect to see?

8. RECOMMENDATIONS

8.1 Board members are asked to:

- Note the strategy development journey outlined in this report and the timescales for finalising and publishing the new strategy.

- Support the revised implementation period for the strategy of 10 years.
- Participate in a private Spring workshop to agree priorities and develop commitments for the strategy.
- Provide any additional steer and guidance including the role of the public and partner organisations in development and endorsement of the strategy.

JLHWBS - Summary of pre-existing public engagement

‘What matters to Sheffielders for a good life?’

Introduction

This document summarises the findings within pre-existing sources of public engagement that are relevant to the development of the 2024-2034 Joint Local Health and Wellbeing Strategy (JLHWBS).

Review question

The focus for this review is data that informs the following question: ‘What matters to Sheffielders for a good life?’

Data sources

Pre-existing sources of public engagement that contained relevant data were identified by members of the Joint Local Health and Wellbeing Strategy Editorial Group – by identifying sources they were already aware of and by reaching out to Health and Wellbeing Board (HWBB) member organisations for any other relevant material.

In total, 22 sources of insight were reviewed and are summarised in Table 1. These sources were published between 2018 and 2023 and included the voices of at least 1836 people living in Sheffield. Not all the sources provided details about the participants, however detail that was shared indicates that these include the voices of younger people, adults of working age, older people, people with learning and physical disabilities, families with children with special educational needs, and people from ethnic minority groups. The sources used a range of methods to gather insights including focus group discussions, surveys with closed or open questions, 1-1 interviews and a creative arts-based approaches. The sources focused on a range of different topics and questions, but all contained some relevant information concerning what matters to Sheffielders for a good life.

Table 1: Sources of relevant, pre-existing sources of public engagement

Source	Year	Whose voices?	How was insight gathered?	Focus of the work
Healthwatch ‘Health and Wellbeing Board Engagement’	2018	Heard from 93 people Younger people and families, older people, people with learning and physical disabilities, and BAME groups	Used a mix of 1:1 and group sessions, in-depth conversations and brief feedback	What matters to people for health
Youth Cabinet Consultation	2022	397 respondents Young people in Year 7 to Y13	Survey with closed questions	Mental health and wellbeing

Source	Year	Whose voices?	How was insight gathered?	Focus of the work
Youth Cabinet reforming curriculum consultation	2022	241 respondents Young people – ages not specified	Survey with open and closed questions	Curriculum at school/college
City Goals consultation in youth clubs	2023	40 respondents from 6 youth clubs across Sheffield Young people aged 11-16	Focus group discussions	Not specified
Park and Arbourthorne Youth Provision Consultation	2023	207 respondents Young people, ages not specified	Focus group discussions	Not specified
SEND youth club consultation	2023	8 participants Aged 14-24 Accessing SEND Youth Club provision	Arts based and focus group discussion	Friendship
State of Sheffield 2023 - The views of parents of children and young people (aged 0-25 years) with special educational needs and/or disabilities	2023	496 respondents Parents of children and young people (aged 0-25 years) with special educational needs and/or disabilities (SEND) in Sheffield.	Survey with closed and open questions	How caring for a child with SEND affects the whole family
SYICS Developing NHS South Yorkshire's Integrated Care Strategy: the patient and public perspective in Sheffield	2023	Review of existing insight of patient experience and engagement carried out by ICP partners – 102 documents 91 participants	Survey with open questions	What matters to people about their health and wellbeing
Collaborative Conversations – Pitsmoor Adventure Playground	2023	42 people Children, young people, and adults of working age	Informal conversations	What is good about the community and what would make Sheffield a better place to grow up, lead a good life and grow old?
Collaborative Conversations - Women and girls in the woods	2023	13 people Adult women and girls	Group discussion	How do the women and girls feel alone in nature now and imagining how they may feel in the future.

Source	Year	Whose voices?	How was insight gathered?	Focus of the work
Collaborative Conversations - SAVTE	2023	Not specified	Not specified	Aspirations for Sheffield as a city and what would make your life better.
Collaborative Conversations – Life after crisis	2023	Not specified	Not specified	Not specified
Collaborative Conversations – DWB	2023	27 people	Group discussion	Role as carers and how mental health services can be improved
Collaborative conversations - Darnal Primary Care	2023	15 people	Group discussion	Role as carers and how mental health services can be improved
Collaborative Conversations – Bens Centre	2023	20 people	Individual or group discussions	Aspirations for Sheffield as a city and what would make your life better.
Collaborative Conversations – B:Friend	2023	12 people Older people	Group discussion	What has mattered to people in Sheffield in the past, what concerns them, what they love and what they want for the future.
Collaborative Conversations - Third Angel	2023	19 people	Group discussion	Aspirations for Sheffield as a city and what would make your life better.
Collaborative Conversations - Disability Sheffield	2023	Not specified	Written contributions and arts-based approach	Not specified
Collaborative Conversations – The Terminus	2023	Not specified	Group discussion	Aspirations for Sheffield in the future
Collaborative Conversations – Family Voice	2023	Women	Group discussion and arts-based approach	Aspirations for Sheffield as a city and what would make your life better.
Collaborative Conversations – Ignite Imaginations	2023	100 people People in the Moor Market	Arts-based approaches	What would make Sheffield a better place and what local people need and want.
Collaborative Conversations – The Furnival	2023	15 people Women from minority ethnic groups	Arts-based approach and group discussion	Aspirations for Sheffield as a city and what would make your life better.

Analysis

Thematic analysis of the data was undertaken to look for patterns and to find themes. This involved reading through all the sources, undertaking line by line coding and adding new codes to the 'bank' of codes as required, organising codes into descriptive themes according to their

similarities or differences and using new codes to capture the group of original codes, generating broad analytical themes. The output of this analysis is seen in Figure 1 and Table 2.

Figure 1: The 11 broad areas that matter to Sheffielders for a good life



Table 2: Summary of the findings within the 11 broad areas that matters to Sheffielders for a good life

What matters to Sheffielders for a good life?		Relevant quotes – Sheffielders want...
Financial security	Having enough income	<i>To have enough money to pay my bills and keep out of debt.</i>
	Freedom from poverty	
	Freedom from debt	
	Access to sufficient welfare benefits	
Work and employment	Fair wages	<i>A good job I enjoy.</i> <i>Meaningful work that enhances my wellbeing.</i> <i>To be treated well at work and receive a fair wage for what I do.</i>
	Job security	
	Work that is meaningful	
	Opportunities to progress	
	Safe and healthy work environments	
Education and learning	High quality nursery and early years provision	<i>Education that is focussed on holistic needs.</i> <i>More English classes.</i> <i>A good school that is suitable for my child with special educational needs.</i>
	Good schools with great teachers and inspiring curriculums	
	Adult learning opportunities	
	Support and provision for children and adults with additional needs	
Housing	Enough space for the household	<i>To be able to heat my home.</i> <i>A house that I own.</i>
	A quality home that is affordable	
	A home that is warm, safe and secure	
	Possibility of home ownership	
Transport	Regular, reliable and affordable public transport	<i>More cycle routes everywhere and traffic free areas.</i> <i>More accessible and cheaper public transport.</i> <i>More speed bumps and zebra crossings on roads.</i>
	Safe roads	
	Infrastructure that enables active travel	

Environment around us	Access to nature, wildlife and green space	<p><i>Easier access to healthy, low-cost foods.</i></p> <p><i>Access to fitness classes that suit me.</i></p> <p><i>Clean air.</i></p> <p><i>More activities for Young People that are free or cheap.</i></p>
	Clean air and clean spaces	
	Facilities for people of all ages, for leisure, socialising and being active	
	Access to affordable healthy food	
	Access to WiFi	
Community relationships and	Close, caring relationships and people to rely on	<p><i>Have people around me that I can trust and who listen to me and treat me with kindness, people around me who I can rely on.</i></p> <p><i>To feel safer because sometimes it's scary where I live.</i></p> <p><i>More kindness for others – to feel responsible and caring for others in their community.</i></p> <p><i>More festivals to bring people closer together.</i></p> <p><i>More understanding of diversity, more mixed communities instead of them vs us - be as one.</i></p> <p><i>The council and other people of power listen.</i></p>
	Safe, well policed, and crime-free neighbourhood	
	Opportunities for participation	
	Celebrating our culture and heritage	
	Cohesion and neighbourliness	
	Active voluntary, community, and faith groups	
Health and Social Care services	Availability of services	<p><i>Be in control of decisions about my own care and needs - and be respected and listened to... we all deserve to be treated with warmth, understanding, kindness, and non-patronising care. And without prejudice, and second guessing.</i></p> <p><i>Have the right access to services when needed and for those working within services to be compassionate and have sufficient time</i></p>
	Awareness of services	
	Accessibility of services	
	Services that support me to manage my own care	

	Quality, safety and being treated with kindness and compassion	<i>to listen.</i> <i>The reassurance that good social care will be available if needed.</i>
	Focussing on both prevention and treatment of disease and ill health	
Looking after my health	Eating well	<p><i>To play football in the park</i></p> <p><i>More chance to be creative.</i></p> <p><i>Be a healthy weight...eat healthy foods</i></p> <p><i>Have good fitness, a strong heart...don't smoke...don't drink too much.</i></p>
	Being creative	
	Giving and volunteering	
	Being physically active	
	If/how I use substances	
	Continually learning	
	Quality sleep	
	Sexual behaviours	
	Manageable caring responsibilities	
Fairness	Opportunities for everyone in our society	<p><i>Be able to access good quality care when it is needed; that all sectors of the community feel they can do the same.</i></p> <p><i>To live in an equal society...I want to live in a city that takes care of the most vulnerable, and where everyone is valued.</i></p> <p><i>No racism in the area. All neighbourhoods are supported and treated fairly</i></p>
	Leaving no one behind	
	Freedom from racism and discrimination	
Protecting the planet	Reducing air pollution	<i>A green city with a low carbon footprint.</i>
	Recycling and reducing waste	

Confidence in the findings

Confidence in the findings was assessed using the [CERQual framework](#), which involved looking at the data contributing to each finding and assessing relevance, adequacy (number of sources and richness of the data), and coherence (evidence of conflicting findings). As there was such limited information about the methods adopted in the reports, methodological limitations, whilst part of the CERQual framework, was not considered here. A summary of the CERQual assessment can be seen in Table 3.

Of the 51 findings, there is high confidence in 28, moderate confidence in 8 and low confidence in 15. Low confidence primarily resulted from concerns about adequacy of data supporting the findings. Broad themes with no low confidence findings were Transport, Education and Learning, Community and Relationships, and Fairness. The broad themes with the greatest proportion of low confidence findings are Work and employment, Housing, Looking after my health, and Protecting the planet.

Table 3: Assessment of confidence in the findings

Finding		Confidence rating	CERQual component assessment		
			Concerns about adequacy	Concerns about relevance	Concerns about coherence
Financial security	Having enough income	High	minor	minor - some reports focussed on other topics	none
	Freedom from poverty	High	minor	none	none
	Freedom from debt	low	serious	none	none
	Access to sufficient welfare benefits	moderate	moderate	minor - some reports focussed on other topics	none
Work and employment	Fair wages	moderate	minor	none	none
	Job security	low	serious	none	none
	Work that is meaningful	high	none	none	none
	Opportunities to progress	low	serious	none	none
	Safe and healthy work environments	low	serious	none	none
Education and learning	Access to high quality nursery and early years provision	moderate	moderate	minor - some reports focussed on other topics	none
	Access to good schools with great teachers and inspiring curriculums	high	minor	minor - some reports focussed on other topics	none
	Adult learning opportunities	high	minor	none	none
	Support and provision for children and adults with additional needs	high	minor	minor - some reports focussed on other topics	none
Housing	Enough space for the household	low	serious	none	none
	A quality home that is affordable	high	minor	none	none
	A home that is warm, safe and secure	high	minor	none	none
	Possibility of home ownership	low	serious	none	none
Transport	Regular, reliable and affordable public transport	high	none	minor - some reports focussed on other topics	none
	Safe roads	high	none	minor - some reports focussed on other topics	none

	Infrastructure that enables active travel	high	none	minor - some reports focussed on other topics	none
Environment around us	Access to nature, wildlife and green space	high	none	minor - some reports focussed on other topics	none
	Clean air and clean spaces	high	none	minor - some reports focussed on other topics	none
	Facilities for people of all ages, for leisure, socialising and being active	high	none	minor - some reports focussed on other topics	none
	Access to affordable healthy food	low	moderate	minor - some reports focussed on other topics	none
	Access to WiFi	low	serious	none	none
Community and relationships	Close, caring relationships and people to rely on	high	none	minor - some reports focussed on other topics	none
	Safe, well policed, and crime-free neighbourhood	high	none	minor - some reports focussed on other topics	none
	Opportunities for participation	high	minor	none	none
	Celebrating our culture and heritage	moderate	minor	none	none
	Cohesion and neighbourliness	high	none	minor - some reports focussed on other topics	none
	Active voluntary, community, and faith groups	high	none	minor - some reports focussed on other topics	none
Health and social care services	Availability of services	high	none	none	none
	Awareness of services	low	serious	none	none
	Accessibility of services	high	none	minor - some reports focussed on other topics	none
	Services that support me to manage my own care	low	serious	none	none
	Quality, safety and being treated with kindness and compassion	high	minor	minor - some reports focussed on other topics	none
	Focussing on prevention and treatment of disease and ill health	moderate	moderate	none	none
Looking after my health	Eating well	High	none	none	none
	Being creative	moderate	moderate	none	none
	Giving and volunteering	low	serious	none	none
	Being physically active	High	minor	minor - some reports focussed on other topics	none
	If/how I use substances	moderate	moderate	minor - some reports focussed on other topics	none
	Continually learning	low	serious	none	none
	Quality sleep	low	serious	none	none
	Sexual behaviours	low	serious	none	none
	Manageable caring responsibilities	moderate	minor	none	none
Fairness	Opportunities for everyone in our society	high	none	none	none
	Leaving no one behind	High	minor	none	none
	Freedom from racism and discrimination	High	none	minor - some reports focussed on other topics	none
Protecting the planet	Reducing air pollution	High	none	none	none
	Recycling and reducing waste	low	serious	none	none

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