

# SHEFFIELD HEALTH AND WELLBEING BOARD PAPER

Report of: Councillor Julie Dore Leader of Sheffield City Council

Dr Tim Moorhead Chair of NHS Sheffield Clinical

Commissioning Group

Dr Jeremy Wight, Director of Public Health

**Date:** 26 June 2014

Subject: Health Inequalities Plan

**Author of Report:** Jeremy Wight (0114 205 7462)

Summary:

Reducing health inequalities is a key priority for the Health and Wellbeing Board and is one of the identified outcomes in the Health and Wellbeing Strategy. Health inequalities are significant and persistent and are rooted in the unequal nature of society. The Fairness Commission considered health inequalities in detail and made a number of recommendations as to how they could be addressed. The Health and Wellbeing Strategy identified a number of actions aimed at reducing health inequalities in the City.

A draft Health Inequalities Action Plan, designed to implement the actions identified in the Health and Wellbeing Strategy, was discussed at a Strategy meeting of the Health and Wellbeing Board and at a well-attended engagement event in May.

As a result of those discussions, a number of changes have been made to the plan, including identifying the different impacts that different actions are likely to have and the timescales. In addition a further action, not in the original Health and Wellbeing Strategy, has been added, which is to increase health literacy and early engagement with health services in disadvantaged communities. This is added as action 3.10

# **Questions for the Health and Wellbeing Board:**

- Is the Board content with the identification of leads and reporting mechanisms with regard to the actions identified in the Strategy and included in the plan?
- Is the Board content with the identified priority tasks?
- Is the Board content with the measures of impact?
- Does the Board agree to the addition of proposed action 3.10 to the Health and Wellbeing Strategy and to the plan?

#### Recommendations:

- That the Board should formally approve the plan, whilst accepting that further work is required on the detail.
- That the Board should request the identified lead individuals and relevant Groups / Boards to implement the plan.
- That the Board should request an annual report on progress.

# **Background papers:**

Appendix A – Tackling Health Inequalities Event Summary

# **Health Inequalities Plan:**

#### Introduction

Inequalities in health in Sheffield have been well documented for over a century. They are significant and persistent, in spite of much good work that has been done to address them. Their nature and extent are documented in the Joint Strategic Needs Assessment and elsewhere. The roots of health inequalities lie in the unequal nature of society, and they will persist as long as society remains unequal. But this does not mean that we cannot do anything about them. The work of the Health Inequalities National Support Team, and the Marmot review, as well as recent King's Fund and British Academy reports provide extensive guidance for us to use locally.

Here in Sheffield, the Fairness Commission considered health inequalities in detail, and made a number of general recommendations as well as more specific ones relating to inequalities in the health system, mental health and wellbeing, and carers. The Joint Strategic Needs Assessment, as well as describing the health inequalities of the City, also made a number of recommendations.

The Health and Wellbeing Board has identified addressing health inequalities as one of its priorities (the other being the integration of health and social care). This is because not only are health inequalities unfair in themselves, but also because we will <u>all</u> benefit from a coherent and effective programme of work to address them. This is partly because any one of us may benefit directly from actions taken, even if they are undertaken specifically to address inequalities, and partly because reducing inequality is good for all of us.

Any of us can benefit from action to address health inequalities because although most diseases are more common in more disadvantaged communities, there are practically none that are exclusive to them. This means that systematic programmes to promote early diagnosis and effective treatment will have benefits across the whole City, even if a major part of the rationale is to address health inequalities. But perhaps less well recognised is the fact that the whole City will benefit if we improve the health of disadvantaged groups and so reduce health inequalities. This is because the whole City will benefit economically from a healthier workforce, (the Marmot report estimates health inequalities cost society £60Bn per year, nationally), because improving the health of disadvantaged groups should reduce the burden on the health and social care system overall, and because, as the work of *Wilkinson and Pickett* has shown, more equal societies are of benefit to everyone in those societies, not just the most disadvantaged.

The Board has approved a Health and Wellbeing Strategy, based on the JSNA, that identifies five outcomes which describe what it wishes to achieve for the people of Sheffield. One of these is that health inequalities are reducing, and nine actions are identified in support of that. However there are also actions in support of another outcome, health and wellbeing is improving, which will, when implemented, have also a significant impact on health inequalities. This is because any action that improves health for a section of the population that is in worse health than the rest, will in so doing reduce inequalities. Five (of the eight) specific actions identified in the Strategy in support of this outcome are included in this Action Plan, because they will have a particular impact on addressing health inequalities, if implemented effectively.

An earlier version of this plan was discussed at an engagement event, attended by over 80 members of the public and representatives from partner and stakeholder organisations, on 29<sup>th</sup> May 2014. Following that, a number of changes have been made to the plan, in particular a strengthening of emphasis on increasing health literacy, and appropriate demand for health services, in more disadvantaged communities.

This is not another strategy, but an *Action Plan*. It picks up the actions identified in the Health and Wellbeing Strategy, expands on them where necessary, identifies who should be responsible for their implementation, over what timescale and where in the governance structures of the Council and CCG these actions should be reported to. Ultimately, the Health and Wellbeing Board has final responsibility, and it is recommended that an annual report should be taken to the Board on progress overall, and discussed.

The Health and Wellbeing Board has also agreed an *Outcomes Framework* to be used to monitor implementation of the Strategy. That can also be used to monitor progress in addressing health inequalities, but some additional measures are needed to monitor the implementation of this plan.

#### Impact and timescales

Health inequalities are multifaceted, and can be described and measured in countless different ways. There are many different ways to divide up society into different groups whose health can be compared. We tend to use divisions based on where people live, partly because many of the root causes of health and hence health inequality are strongly linked to that, but also because almost all health data comes with a postcode attached, which makes analysis more straightforward. But there are other ways to divide society, such as by ethnicity, or by identifying specific 'communities of identity'.

Equally, there are many different aspects of health that can be measured. We place a lot of emphasis on life expectancy, partly because it has resonance with the population in general, but also because it can be calculated reasonably straightforwardly from death certification data. But it is only one measure, and some would argue a rather limited one, of the health of a population. Inequalities in mental health, for example, are little reflected in differences in life expectancy between geographically defined communities.

As a result, it is difficult to say categorically which actions will have the biggest impact on health inequalities: it all depends on what aspect of health inequalities one is considering, and for which groups in the population.

Having said that, it is clear that those actions that will have a big impact are those that relate to a cause of ill health that is amenable to intervention, where that cause is common (i.e. relatively large numbers are affected), where it is unevenly distributed across society, and where the adverse health consequences are severe. Smoking is one such cause, for example, so that the abolition of smoking within society would have an enormous impact on health inequalities. The plan does categorise actions according to whether the impact will be low (relatively small gain in health and reduction in inequalities, affecting few people), medium or high (large health gain, deaths avoided, large reduction in inequalities, affecting many people).

The root causes of health inequalities lie in the structure of our society, and many of the actions identified in this plan will take years to have an impact on any measure of health inequality. But that does not mean everything is very long term. A balanced approach to addressing health inequalities has to incorporate actions that can have a short (1-3 years) and medium (4-10 years) term impact, as well as over the longer term (ten years and more). If we take differences in life expectancy as a measure of health inequality, and note that three quarters of the differences in life expectancy across the City is caused by premature death due to cardiovascular disease, cancer and respiratory disease, all of which are chronic diseases developing over years or decades, then it is clear that to have an impact in the short term we need to be offering better treatment and care for people who already have, or are at high risk of developing, those conditions. This means improving access to treatment and care, risk stratification to identify those at highest risk, and systematic case finding and optimal treatment. On the other hand these actions would be of limited value without others that will have an impact over the medium (e.g. helping people to address unhealthy lifestyles), and longer (addressing the 'root causes') terms.

This *Plan* includes actions that will have an impact in the short, medium and long term.

#### Use of resources

Resources in the public sector are extremely tight, and there are no new resources available for the implementation of this plan. However many of the actions are either already incorporated into existing budgets and commissioning plans, or may be cost saving. Where there is a need for additional investment for specific actions, business cases will have to be made to the appropriate budget holders, and the relevant bodies will have to consider the extent of their commitment to reducing health inequalities and the opportunity cost of shifting resources.

When resources are tight, it is more important than ever to take into consideration the cost effectiveness of different interventions, since it would be wrong to pursue actions that have a modest impact, or an impact on only a small number of people, if this is done at the cost of not doing things that have a greater impact on larger numbers. Unfortunately the information needed to make detailed methodical judgments about this (cost, extent of measurable health improvement, numbers who will benefit) is not always available, but that should not prevent us from considering the issue.

One critical issue is the question as to whether the mainstream Council and Health Services expenditure is appropriately distributed across the City to reflect the differing levels of need of different communities. In health services, the *Inverse Care Law* describes the way that resources tend to be skewed, not towards the communities that have the worst health and need them most, but towards those that have the best health and need them least. This is a natural consequence of a demand led system, and persists despite many years' efforts to redistribute resource. Council provided (or commissioned) services are not demand led in quite the same way. The first action in this plan – Action 3.1 – incorporates the intention to understand better how the use of our resources matches need, in order to be able better to devise strategies to do this better.

#### **Governance and review**

Any action plan is only as good as its implementation. There is no one body, apart from the Health and Wellbeing Board itself, that has responsibility for all of the actions in this plan. What the plan does do is to identify the individual who has responsibility for leading the delivery of each action, and the Board or Committee that must oversee it. Within the Council this will be in most cases the Better Health and Wellbeing Strategic Outcomes Board, and in the CCG, the Clinical Executive Team. It is suggested that an annual report is prepared on progress overall, for the Health and Wellbeing Board itself. Although all the actions are to be led by statutory bodies within the health and social care sector (the Council, CCG or NHS England Local Area Team), they will undoubtedly be looking for support as appropriate from other agencies in the public, voluntary and private sectors. In that respect, this is a health inequalities plan for the whole City.

This plan is intended to be implemented during the financial years 2014/15 through to 2016/17, by which time it will be due for refresh, if not review.

# Health Inequalities Action Plan

H&WB St	rategy Action 3.1 Promote appro	opriate gathering of d	ata to better un	derstand the he	ealth inequalities in	Sheffield and infor	m approaches to ta	ickling them
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Louise Brewins	Define populations / 'communities of identity' and the health measures of interest.	Agreed list of communities of interest.  Agreed set of health measures of interest for each community.	May 2014  June 2014	H&WB Strategic Coordinating Group	Unclear at this stage, though some communities comprise a substantial proportion of the population. Timescale for impact likely to be medium to long term	No comprehensive PHOF measures although number are specific to certain communities e.g. disabilities, age, gender & maternity.		Key measure of impact will be the extent to which the intelligence provided is used by others to improve outcomes for these communities.
	Identify means to collect, analyse and use additional data, including financial data, as appropriate.	Proposals drawn up including means to achieving them	June 2014	As above	As above	As above		As above
	Produce a set of community health and wellbeing profiles.	Profiles produced	Sept 2014	As above	As above	As above		As above

**H&WB Strategy** *Action* 3.2 Agree a coherent approach to strengthening community resilience and social capital, which has a shared understanding of building communities and exploiting community assets, and which supports community-based organisations.

Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
	,	task completion	for	to	timescales)	impact (eg	H&WBB add	
			completion			PHOF	value?	
			of task			measure)		
Chris Nield	Agree approach and develop a city wide framework, through SEB resilience task & finish group.	Approach agreed and disseminated	June 2014	Sheffield Executive Board	Effective strengthening of communities and enhancement	PHOF Indicators  Social Connectedness		This work needs to link with Locality work and the development of integrated Health and Social care including the joint
Sharon Squires	Develop resilience & social capital through work commissioned by Local Area Partnerships ( LAPs)	Locality plans include actions to develop resilience	April 2015	300.0	of social capital likely to have significant beneficial impact on	Self – reported well Being:		procurement of community interventions
Martin Hughes	Develop social capital in the Community Well-being Programme (CWP) <sup>1</sup> Working in the most deprived areas of the city.	Contracts in place which develop social capital and resilience in the CWP and Health	October 2014		health, including mental health.	People with a low Satisfaction score		
Chris Nield	Develop a commissioning strategy to achieve this.  Sustain & develop the Health Trainers & Health Champions programmes to build social capital. Commissioning this work through community providers	Trainers and Champions contract.	April 2015		Timescale medium to long term.	Self-reported well-being: People with a low Happiness score		
	Provide training to increase knowledge & skills about community development &	Provision of training courses				Self-reported well-being: People with a		

<sup>-</sup>

<sup>&</sup>lt;sup>1</sup> Previous known as the Healthy Communities Programme

**H&WB Strategy** *Action* 3.2 Agree a coherent approach to strengthening community resilience and social capital, which has a shared understanding of building communities and exploiting community assets, and which supports community-based organisations.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (eg PHOF measure)	How can the H&WBB add value?	Comments
	health. Provide for local communities & front line staff					high Anxiety score		
Pac	Develop social capital & resilience as part of the Better Care integrated Health & Social Care plan	Community development interventions are included in the Better care plan for developing integrated health & social care services.		Health and Well Being Board				
)   	Agree metrics							
e 1	Agree and implement programme of action							

**H&WB Strategy** *Action* 3.3 Work with partners including planning, transport, education, businesses, community groups, and health and wellbeing services to support coherent, joined-up city localities.

Joined-up ci	ty localities.							
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Dave Caulfield, Director of Regenerati on & Developm ent Services, Place Portfolio,	Development of the Housing Delivery Investment Plan to step up housing delivery in the city to meet social & economic need	Completed plan agreed by Place Leadership Team and Executive Management Team	July 2014	A Great Place to Live Strategic Outcome Board  Executive Managemen t Team	Medium  Timescale -; medium to long term	% of households who feel their home is adequate for their household's needs  Overall domestic emissions of CO2 in the local authority area  Number of longterm empty homes (over six months) in all tenures  % of all tenants leaving a council tenancy within two years  No of private rented homes where action is taken to reduce Category 1 hazards/statutory nuisance	Raising awareness of the importance of good quality housing in promoting health and wellbeing.  Lobbying to improve standards, particularly in private rented accommodation	2013 Strategic Housing Market Assessment has provided a baseline for the first impact measure but assessment only carried out every five years.

**H&WB Strategy** *Action* 3.3 Work with partners including planning, transport, education, businesses, community groups, and health and wellbeing services to support coherent, joined-up city localities.

joined-up ci	ty localities.							
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Page 15	Refresh of the Air Quality Action Plan (AQAP)	Air quality action plan agreed by key partners	xxx 2014	A Great Place to Live Strategic Outcome Board	Medium to high  Timescale – medium to long term	Relevant PHOF measure Fraction of mortality attributable to particulate air pollution	Ensuring that improving air quality in the City remains a high profile strategic objective	Refresh should reflect findings of recently completed Low Emission Zone study  Refresh and delivery of specific projects will involve services across the Council and partners including the bus operators, taxi drivers, the Highways Agency and key strategic partners such as Amey, Kier and Veolia.  Multi-agency AQAP Steering Group overseeing the refresh.

<b>H&amp;WB Strategy </b> <i>Action</i> 3.4 Identify which groups are least able to access services and establish reasons and consequences. Work to improve access, prioritise areas with significant
health consequences, and simplify how people access care.

Lead	Priority task	Measures of task	Timescale for	Reporting to	Impact (and timescales)	Measure of impact (e.g.	How can the H&WBB add	Comments
		completion	completion			PHOF	value?	
			of task			measure)		

**H&WB Strategy** *Action* 3.4 Identify which groups are least able to access services and establish reasons and consequences. Work to improve access, prioritise areas with significant health consequences, and simplify how people access care.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Susan Hird  Page 17	Analyse access difficulties	Report completed, identifying groups, reasons, and consequences	September 2014	Better Health and Wellbeing Strategic Outcome Board / CCG Clinical Executive Team	Medium impact Medium timescale	Many PHOF indicators linked to this. The key ones are probably: 2.17 Recorded diabetes 2.19 & 2.20 Cancer dianosed at stage 1/2 & screening uptake & coverage 2.21 Access to non-cancer screening progs 2.22 Health Checks 3.3 Imms & vacs uptake & coverage . 4.3 Preventable mortality 4.4 to 4.7 Under 75 mortality (various) 4.8 – 4.10 Mortality from other specific causes	Depends on what we find/reasons for not being able to access services. Could include lobbying externally to city, addressing wicked issues in the city, bringing disparate parties together etc	Links to action 3.1 on data –achieving action 3.4 may be partly contingent on achievement of data task. This could delay timescales for this action as a whole.
								13

**H&WB Strategy** *Action* 3.4 Identify which groups are least able to access services and establish reasons and consequences. Work to improve access, prioritise areas with significant health consequences, and simplify how people access care.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
						4.12 Prevent- able sight loss. PHOF sexual health indicators x 3. CYP PHOF indicators (Various)		
Page 18	Identify ways to improve access, prioritising areas with significant health consequences.	Report completed, identifying priority areas for action and mechanisms for achieving change.	December 2014					
	Simplify how people access care.	Actions from report above implemented and adopted into organisations (commissioners and providers) as business as usual.	April 2015					

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Sue Greig CYPF, SCC	Implementation of infant mortality strategy  Tobacco Control Board to consider impact of household tobacco use in pregnancy and upon infants	Stakeholder event planned to refresh priorities and agree new objectives for each work strand; particular focus upon maternal obesity and smoking in pregnancy  Additional actions to reduce infant mortality risk associated with parental tobacco use and exposure to secondhand smoke	July 14  September 14	Children's Health & Wellbeing Partnership Board (CHWPB) Sheffield Safeguardin g Children Board (SSCB)	High impact, short to long term	PH infant mortality indicator (4.1) Sudden infant death rate BME infant mortality rate PLUS indicators re risk factors for infant mortality: Breastfeeding Smoking in pregnancy Early access to antenatal care Maternal obesity Teenage conceptions Reducing risk of recessive genetic disorders Child poverty		To discuss with Kate Jones
Sue Greig CYPF, SCC	Mobilisation of fully integrated sexual health service which has a specific focus on young people. Citywide consultation with	New service mobilised. Central clinic meets You're Welcome Young	Q2 14/15	Better Health and Wellbeing Strategic Outcome	High impact short to long term	PHOF Under 18 conception rate Chlamydia		

Lead	Priority task	Measures of task	Timescale for	Reporting to	Impact (and timescales)	Measure of impact (e.g.	How can the H&WBB add	Comments
		completion	completion	10	timescales	PHOF	value?	
			of task			measure)		
	young people to seek their	People Friendly		Board		diagnoses rate		
	views on sexual health and sexual health services	standards.	Q2 14/15	Sheffield		(15-24 yr olds)		
	Sexual fieditif services	Consultation with	Q2 14/13	Sexual				
		young people re		Health				
		sexual health		Service				
	Re-design of GP led	services		Integration				
	contraception services	completed and		Board				
h-	targeted in areas with the highest teenage pregnancy	recommendation s implemented						
$\vec{p}_{i}$	rates	3 implemented						
Page			Q3 14/15					
20	New sexual health community	New GP model in						
þ	outreach plan developed	place						
		Plan developed						
		and implemented						
Sheila	Establishment/procurement	New childhood	Q1 14/15	Sheffield	High impact	PHOF 23.6		
Paul/Sue	of new 0-5yrs childhood	obesity service		Food &	short to long	Excess weight in		
Greig	obesity service to deliver	and model of		Physical	term	4/5 and 10/11		
Place/CYPF	HENRY and re-specification of children and young people's	delivery across city. Number of		Activity		year olds		
, SCC	community based weight	referrals to		Board				
	management service	service and						
		reduction in						
	Continued delivery of NCMP	prevalence						
	with a specific focus on		Q2 14/15		Medium impact			
	supporting schools in areas of	High NCMP			short to long			
	high prevalence with healthy eating and physical activity	coverage (above 95%).			term			
	sessions/information.	Identification and						

Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
		task completion	for completion of task	to	timescales)	impact (e.g. PHOF measure)	H&WBB add value?	
Page	Implementation of the CYPF Children, Young People and Food Implementation Plan to deliver C &YP elements of the Sheffield Food Strategy  Continued focus on providing schools with individual school level DMFT data supported with the Top Teeth DVD and health promotion in schools.	delivery of interventions in target schools.  Plan developed and implemented across Early Years, Schools and other settings	Q2 14/15					
Sue Greig  EYPF,  SCC/NHS  England	Targeted focus to increase vaccination and immunisation rates amongst vulnerable groups of children and young people (LAC, Roma).	Increase in V&I coverage across vulnerable groups. Raised awareness through targeted professional training.	Q1/Q2 14/15	СНЖРВ	Medium impact Short to long term			
Sue Greig CYPF, SCC	Early years focus on Emotional Wellbeing & Mental Health, through enhancing and supporting early attunement and attachment. Delivered as part of the Best Start model in Sheffield. See Best Start	Enhanced delivery of the universal Healthy Child Programme across the city; with a focus on attunement/ attachment in	Q2 14/15	Sheffield Best Start Are Partnership Board & Executive Steering Group	High impact short to long term	PHOF: Smoking in pregnancy Breast feeding School readiness Parental confidence		

Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
	-	task	for	to	timescales)	impact (e.g.	H&WBB add	
		completion	completion			PHOF	value?	
			of task			measure)		
	Sheffield Lottery Submission	early years.				Parental stress		
						Child		
	Develop agreed city wide					development		
Dawn	Early Years Strategy as part of	Redesign of Early	Q2 14/15	CHWPB	High impact	As above PLUS:		
Walton,	FSCH Early Years workstream	Years System			short to long	Take up &		
CYPF, SCC		with a focus on			term	quality of Free		
Margaret		prevention and				Early Learning		
Ainger		early				Children's		
(CCG)		intervention.				Centre reach		
ĬΩ						Parental		
D Jue Greig						learning & skills		
	Develop Future Shape	Workstream	Q1 14/15	Children's	High impact	Pupil persistent		
SYPF,	Children's Health emotional	scope endorsed		Health and	short to long	absence		
<b>S</b> CC/Steve	wellbeing and mental health	by CHWPB		Wellbeing	term			
Jones	workstream			Partnership		NEETs		
(SCHFT)		HNA completed	Q1 14/15	Board				
	Complete comprehensive	and disseminated				First time		
	emotional wellbeing and			Children's		entrants to		
	mental health needs			Joint		youth justice		
	assessment for children and			Commissioni				
	young people			ng Group		Emotional		
			Q2 14/15			wellbeing of LAC		
	Complete whole service							
	review					Self reported		
		Workstream	Q3 14/15			emotional		
	Agree joint action to address	actions and				wellbeing (ECM		
	identified system gaps	milestones				survey)		
		agreed by						
		CHWPB				Hospital		
						attendances for		
						Self harm		

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Sue Greig, CYPF, SCC	Context for all of the above is the implementation of recommendations from the Future Shape Health programme review (completed end 13/14) to establish 4 priority workstreams:  • Early years • Emotional wellbeing and mental health • Children with Complex needs (Lead Kate Laurance CCG) • Parent/carer and children and young people engagement and participation (Lead: Bethan Plant CYPF /Lesley Pollard Chilypep)	Revised programme and work stream plans in place  Sheffield Future S hape Children's Health Programme implementation – engaging all partners and delivering service redesign and reducing inequalities in children, young people and families health and wellbeing	Q1 14/15  From Q2 14/15		High impact short to long term	DNA rates for specialist MH services As above		
Sue Greig CYPF, SCC	Implementation of infant mortality strategy	Stakeholder event planned to refresh priorities and agree new	July 14	Children's Health & Wellbeing Partnership	High impact, short to long term	PH infant mortality indicator (4.1) Sudden infant		To discuss with Kate Jones

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Page 24	Tobacco Control Board to consider impact of household tobacco use in pregnancy and upon infants	objectives for each work strand; particular focus upon maternal obesity and smoking in pregnancy  Additional actions to reduce infant mortality risk associated with parental tobacco use and exposure to secondhand smoke	September 14	Board (CHWPB) Sheffield Safeguardin g Children Board (SSCB)		death rate BME infant mortality rate PLUS indicators re risk factors for infant mortality: Breastfeeding Smoking in pregnancy Early access to antenatal care Maternal obesity Teenage conceptions Reducing risk of recessive genetic disorders Child poverty		

**H&WB Strategy** *Action* 3.6 Recognising that the city has growing numbers of new arrivals, including Roma, develop appropriate strategies to ensure families are appropriately accessing health, social care and education services.

	ealth, social care and education se		1		1 .		T .	
Lead	Priority task	Measures of task completion	for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Janet Sharpe  Page 25	Develop a new arrivals health and education policy	Policy completed and agreed	Stage 1: Q4, 2014/15 Stage 2: 5 Year Plan	H&WPB, GPL Board, HRA Board	Modest impact, medium to long term	TBC	Support the New Arrivals Strategic Action Plan, Allocation of Public Health and Grant Aid funding to support development work/ community projects to support Roma community.	This is part of a comprehensive Strategic Action Plan for Roma Community in Sheffield. This includes developing health plan for community, addressing poor quality private sector housing, reducing overcrowding, promotion of easy access to GP services rather than use of A&E services, addressing impact of poor diet, early identification of vulnerability/ heath conditions. Immunisation programmes for TB and hep B and genetic disorders prevalent with this community.

**H&WB Strategy** *Action* 3.7 Commission disease-specific interventions, including a programme to improve the physical health of the severely mentally ill or those with a learning disability.

Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
		task completion	for	to	timescales)	impact (e.g.	H&WBB add	
			completion			PHOF	value?	
			of task			measure)		
Tim	Use the JSNA, the outcome of	CCG	Sept 2014	CCG Clinical	Medium impact	2.17 Recorded	Although	Overlap with action 2.8
Furness /	action 3.4 and other PH	commissioning		Executive	over medium	diabetes	primarily a	Continue to prioritise and
Ted Turner	advice to inform CCG	intentions		Team	timescale.	2.19 Cancer	health services	focus attention on cancer
	commissioning intentions for	highlight				diagnosed at	issue, many	and cardiovascular
	2015/16 and future years.	identified priority				stage 1 and 2	marginalised	disease, the main causes
		areas and				(placeholder)	groups who will	of premature mortality in
	Retain tackling health	planned				2.20 Cancer	benefit (e.g. new	Sheffield
	inequalities as a priority for	interventions				screening	arrivals) will also	
	any investments that can be					uptake and	have social	
Page	made.					coverage	needs which	
gg Gg						2.21 Access to	militate against	
क	Identify area(s) of greatest					non cancer	access to health	
26	need and greatest potential		Feb 2015			screening	services.	
၇	impact, and identify priorities	JSNA – and CCG				programmes (6	H&WBB can	
	(which will include the	reference to it,				indicators, not	bring together	
	physical health of people with	demonstrates				yet available)	parties and help	
	mental illness or learning	understanding of				2.22 Health	solve 'wicked	
	disability)	need and				Checks uptake	issues'.	
		priorities				and coverage		
	Agree actions with providers,					3.3 Imms and		
	including GPs, to improve					vaccs uptake		
	staff awareness of specific		March 2015			and coverage		
	needs of patients with MH or					4.3 Mortality		
	LD, and support them	Inclusion of				from		
	contractually	actions in				preventable		
	Consider national conf	provider plans				causes		
	Consider potential case for	and in contracts				disease		
	establishing specialist post or							
	service to meet physical	D in	D = 2014					
	needs of people with MH or	Business case	Dec 2014-					
	LD	considered by	06-06					

	CCG			

**H&WB Strategy** *Action* 3.7 Commission disease-specific interventions, including a programme to improve the physical health of the severely mentally ill or those with a learning disability

Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
		task completion	for	to	timescales)	impact (e.g.	H&WBB add	
			completion			PHOF	value?	
			of task			measure)		-
						4.4 to 4.7		
						Under 75		
						mortality from		
						CVD, cancer,		
_						liver disease,		
0						respiratory		
Page	Ensure carers of people with	Inclusion in city's	n/k			4.8 Mortality		
Ω	MH and LD are included in	carers plan.				from		
27	city's actions to support					communicable		
7	carers					disease 4.9 Excess		
						under 75s		
						deaths in		
						people with		
						SMI		
						4.10 Suicide		
						4.12		
						Preventable		
						sight loss		
	Prioritised interventions	Interventions	December					
	included in CCG 2015/16	included in CCG	2014					
	commissioning intentions,	commissioning						
	and other organisations' plans	intentions for						
	where appropriate	2015/16						
	Commissioning of prioritised	Services starting	April 2015					
	services	in 2015						

H&WB Stra	ategy Action 3.8 Support qualit	y and dignity champion	ons to ensure se	rvices meet nee	eds and provide su	pport.		
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Healthwat ch Sheffield	Identify number/types of Dignity Champions across the City	Mapping exercise completed	2015	Healthwatch	Low impact, short to medium term		Through lending explicit support	
	Recruiting more Champions from all communities across the city to become Dignity Champions – extra targeting at communities experiencing Health Inequalities	Recruitment and training pack for Dignity Champions is prepared						
Page	Review and evaluate effectiveness of support currently provided to Dignity Champions	Survey conducted and qualitative interviews						
e 29	Consider new and emerging capacity and capability requirements (e.g. end of life care priority)							
	Prepare an action plan	Action plan prepared						

H&WB Stra	ategy Action 3.9 Work to remo	ve health barriers to	employment thr	ough the Health	, Disability and Em	ployment Plan.		
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Chris Shaw Page 30	Deliver pilot project for ESA claimants with JCP	12 months delivered, outcomes evidenced	2015	Employment and health task force or new arena	Low impact, medium to long term.	PHOF measures 108(i,ii,iii) plus Improved referral route from primary care to JCP and increased availability of access to effective Local intervention Reduction in ESA claimants, increase in employment outcomes + work readiness for ESA claimants	Ensure health and care agencies recognise good employment as a route to improved health, and minimise the health and social care barriers to making this a reality—	Caring profession may traditionally see employment as a situation to avoid during recovery or as not a viable long term outcome. Evidence increasingly recognises good employment to be a key factor in recovery or as part of a healthy future living with disabilities or long term conditions.
	Review of supported employment investment	Review Completed	August 2014	Employment and health task force or new arena	Med Impact medium term	PHOF measures 108(i,ii,iii)	Support the review and input into its comments when appropriate	
	Launch Good Employer Charter	Launched	October 2014	Employment and health task force or new arena.	Medium impact short- medium term	PHOF measures 109(I ⅈ)	Encourage organisations they commission to participate in the employment	Could potentially use HWB 'kudos' to recognise good employment practice – e,g. sponsor an award at the Chamber of Commerce awards?

H&WB Stra	ategy Action 3.9 Work to remov	e health barriers to	employment thr	ough the Health	n, Disability and Em	ployment Plan.		
Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Chris Shaw	Increase the dialogue between Health, employment	Membership and ownership	April 2015	Employment and health	Reduced health/	PHOF 1.08 (I,ii+iii)	charter to ensure maximum spread' good work' ion the City, and promote it with the Chamber of trade etc.,	
Page 31	organisations , employers and disability organisations across the City	agreed, agenda agreed and 'mode of communication' established		task force or new arena	disability based unemployment			
	Using the social model of disability to increase the employment opportunities for vulnerable people across the City	Targets achieved for related PHOF measures	April 2016	Employment and health task force or new arena	Reduced health/ disability based unemployment	PHOF 1.08 (I,ii+iii)	Encourage employment opportunities through contracts, own the social model of disability	

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Chris Nield	Develop a strategy for health literacy and early engagement	Strategy developed	October 2014	Better Health and Wellbeing Strategic Outcome Board	Medium impact, medium to long timescale		By lending explicit support to this work	
D S S S	Work with health champions, local VCF organisations, local general practitioners etc to implement health literacy strategy	Partners fully engaged in implementation of strategy. Continuing programme for promoting health literacy in place	March 2015	Better Health and Wellbeing Strategic Outcome Board	Medium impact, medium to long timescale	To be completed	By supporting the programme	

**H&WB Strategy** *Action* 2.1 Promote a city-wide approach to emotional wellbeing and mental health, focusing on promotion of wellbeing and resilience and early support, and embed this into strategies, policies and commissioning plans.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Joe Fowler				Mental Health Partnership Board	Medium impact., short term, continuing to longer term.	Social Connectedness  Self – reported well Being:  4.10 Suicide	Drive ownership of partners of citywide approach	
Page	Revised City-wide wellbeing campaign (based on 5 ways to wellbeing)	Campaign launched	February 2015			rates		5 ways helps people understand what they can do to promote their own wellbeing
e 33	Develop front line staff awareness/skills around MH and wellbeing	Develop and roll out awareness/ training sessions, & other resources as appropriate to the workforce	Initial resources developed September 2014, rollout continuing					Build on current training programme (MH and PH) and other routes to develop frontline staff.
	Influence service specifications to incentivise and drive improvements to wellbeing	Specifications influenced	Ongoing					Aiming to mainstream thinking about wellbeing
	Deliver anti-stigma campaign	Anti-stigma campaign activity delivered	Ongoing					Time to change campaign supported in a variety of ways
	Review MH strategy and agree actions going forward	New strategy agreed	Consultation in September 2014					To include improvements in services for people who are unwell, along with prevention activities for those at risk.

**H&WB Strategy Action** 2.4 Support the 'Move More' initiative to encourage people to be more physically active as part of their daily lives. Priority task **Timescale** Impact (and Lead Measures of Reporting Measure of How can the Comments task for to timescales) **H&WBB** add impact (e.g. **PHOF** value? completion completion of task measure) H&WBB Ollie Hart The H&WBB to recognise and Explicitly adopted Sept 2014 Achievement of Use of current The HWB is Supporting the and minuted by individual asked to implementation of the pursue an ambition to hold survey data to the city accountable to a 1% H&WBB sections of the assess PA levels, champion whole movemore plan will but to include be the best way to achieve year on year step change in plan in universal proportion of population isolation, are more novel acceptance and the culture change required for this judged to be physically active. likely to have ways of consideration of low impact. obiectively principles and population change. however each assessing levels objectives of aspect will have of activity the plan, and (movement a synergistic ensure all major effect sensors). bodies in the achievement of Measures of city support it's overall increase those implementation in Physical a) doing at least 30mins of activity levels will be high moderate impact physical activity (PA)/ week especially reducing impact b) doing at least on NHS demand 150mins of and budget. moderate 0r 75 mins of vigorous PA/ week Empower a multidisciplinary 20 + documents H&WBB Ollie Hart May 2015 As above As above By explicitly Suggest that the current food and physical activity innovation group in the city to covering championing effect change in policy around governance, approach. board, chaired by Graham creating environments and legislation, or Moore, are given this role. opportunity for PA in all tender briefs, HWB support appropriate

**H&WB Strategy Action** 2.4 Support the 'Move More' initiative to encourage people to be more physically active as part of their daily lives. Priority task Impact (and Lead Measures of Timescale Reporting Measure of How can the Comments task for to timescales) **H&WBB** add impact (e.g. **PHOF** completion value? completion of task measure) contexts but with the affecting influence and impact of environmental this board on workings of principal of proportional SCC/ NHS and other universalism (Marmot) driving change (eg town commissioning bodies in that change to reduce HI. planning, large scale the city construction) where consideration of movemore plan is D Ollie Hart specified. Establish movemore digital Activity finder is May 2015 Food and As above HWB is asked to Movemore brand already As above hub as key 'go to' resource populated by Physical champion established. for physical activity (including more than 100 Activity promotion / www.movemore-**Board** sheffield.com already live activity finder, promotional different marketing of providers, with and marketing materials, wide the hub. with over 1000 activities. range of advice/local over 3000 activities. information) Site receives high level of weekly visits (1,000/ week+) May 2015 Food and Ollie Hart Create an active Movemore Identify 14 As above As above The assistance Movemore board has **Physical** of HWB is sort network of engaged people community started this work with and communities. Following builders (2/ activity funding from 2012/13 in ensuring an Asset based community assembly) who board public health budget. Extra synergy with development approach are able to other areas of funding sought from connect commissioning health and Social volunteers fund- outcome communities to (eg Resilience multiple group, Food awaited. opportunities executive,

**H&WB Strategy** *Action* 2.4 Support the 'Move More' initiative to encourage people to be more physically active as part of their daily lives. Priority task Timescale Reporting Impact (and Measure of How can the Lead Measures of Comments task for to timescales) impact (e.g. **H&WBB** add **PHOF** completion completion value? of task measure) including Housing teams) movemore initiatives. Over 100 community partner organisations/ groups endorsed by Movemore (demonstrate adherence to 12 D DOllie Hart principles of movemore plan) Mass participation event to Successful pilot of Pilot – 1 Food and As above Such a challenge Bid was submitted as stimulate profile and technology and **Physical** will allow more Sheffield's city bid for year. engagement with movemore. supporting Full event activity accurate Mayor's challenge – Utilising movement sensors to infrastructure for 2 years board. objective unsuccessful. create mass participation 500 people. Plans Prof Steve Some initial scoping work measures of Haake undertaken with SCC and challenges to expand to participation and of activity SHU. Options to consider much larger (research lead NCSEM, event involving levels local sponsorship 50,000+ people in Faculty of Health and 2015 Wellbeing SHU)

**H&WB Strategy** *Action* 2.5 Commission and implement an integrated approach to reducing levels of tobacco use through integrating work on: 1) helping people to stop smoking; 2) Smokefree environments; 3) Smokefree C&YP 4) community based action on illegal tobacco 5) Social Marketing and communications to reduce smoking prevalence and denormalise tobacco use; 6) reduce smoking prevalence amongst pregnant women.

Lead	Priority task	Measures of task	Timescale for	Reporting to	Impact (and timescales)	Measure of impact (e.g.	How can the H&WBB add	Comments
		completion	completion of task			PHOF measure)	value?	
Page 38	Commission a comprehensive programme of tobacco control to reduce citywide smoking prevalence. The programme will be based on evidence from World Health Organisation, comprehensive consultation and local need.	Programme fully commissioned	80% completion by August 2014 100% Completion by April 2015	Tobacco Control Programme Board	High impact. Reducing smoking prevalence will significantly improve health and impact on inequalities in the short, medium and long term.	All contracts will contribute towards the following PHoF indicators: i) 2.14: Smoking prevalence adults over 18 ii) 2.9: Smoking prevalence 15 year olds iii) 2.3: Smoking status at time of delivery  Local ECM survey: CYP tobacco use	H&WBB members should ensure that as a city we uphold principles outlined in the Local Gov. Declaration on Tobacco Control, signed by SCC Jan '14. Key action includes: act at a local level to reduce smoking prevalence, raise the profile of the harm caused by smoking in communities and develop plans with our partners to address the causes and impacts of tobacco use.	Model developed in line with WHO evidence, full consultation and South Yorkshire led programme budgeting style exercise.  Programme and funding signed off within SCC
		All services commissioned for three year period 2014 -17 (with option to extend for an additional	Contracts awarded 1 <sup>st</sup> Feb '14					Six services (lots) commissioned in total.  Lots 1-4 procured and fully mobilised by 1 April '14.
		year).						Contract for Lot 5

**H&WB Strategy** *Action* 2.5 Commission and implement an integrated approach to reducing levels of tobacco use through integrating work on: 1) helping people to stop smoking; 2) Smokefree environments; 3) Smokefree C&YP 4) community based action on illegal tobacco 5) Social Marketing and communications to reduce smoking prevalence and denormalise tobacco use; 6) reduce smoking prevalence amongst pregnant women.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
								(marketing and comms) awarded April '14 and service in place by Jun '14. Lot 6 smoking in pregnancy delayed. Need to ensure approach is aligned to strategy within SCC CYP.
D		Services fully mobilised	By 1 April '14					
Page 39		Ongoing programme delivery with quarterly monitoring and routine evaluation	April '14 – March 2017  (Contracts all include option to extend for an additional year)					Tobacco Control 'Hub' established. All providers will be part of the 'hub' to ensure coordinated action across the city.  Quarterly performance meetings with all providers.
								Ongoing programme evaluation.

**H&WB Strategy** *Action* 2.6 Commission appropriate interventions to reduce harm and promote pathways to structured treatment services for those abusing alcohol or misusing illicit or illegal substances, including reducing the 'hidden harm' to children living in households where adults abuse alcohol or drugs.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
Jo Daykin- Goodall	Implement the DACT Commissioning & Procurement Plan for community substance misuse treatment approved by Sheffield City Council Cabinet (January 2014).	Award of three contracts – Opiates, Non-Opiates, Alcohol.	Opiates and Non-Opiate contracts to commence 1st October 2014, Alcohol to commence 1st April 2015.	Director of Commissioni ng Safer & Sustainable Comm- unities Partnership	Low to medium  Timescale short to medium term	Performance against PHOF 2.15i and ii DOMES (PHE) and LAPE performance		-
Ovictoria Horsefield OYPF, SCC	Ongoing Implemention of the city wide Hidden Harm Strategy			Sheffield Safe guarding Children Board		As above No of children in need/child protection/in care, where parental substance misuse a safeguarding risk		
Sue Greig, CYPF, SCC	Continued implementation of the Novel Psychoactive Substances (NPS) plan underpinned by accessible targeted & specialist substance misuse services which focus on reducing harm of substances misuse, including alcohol, & a reduction in associated risk taking		Ongoing	Substance Misuse Joint Commissioni ng Group		No of young people leaving specialist treatment in a planned way  No of Looked After Children accessing early support		

**H&WB Strategy** *Action* 2.6 Commission appropriate interventions to reduce harm and promote pathways to structured treatment services for those abusing alcohol or misusing illicit or illegal substances, including reducing the 'hidden harm' to children living in households where adults abuse alcohol or drugs.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
	behaviours & poor outcomes.  Refreshed substance misuse curriculum tool available in all primary and secondary					ECM survey substance misuse and alcohol misuse		
	schools		Q2 14/15					

HØWD SU	ategy Action 2.8 Continue to p	rioritise and focus att	ention on cance	r and cardiovasi	cular disease, the m	iain causes of prema	iture mortality in S	heffield.
Lead	Priority task	Measures of	Timescale	Reporting	Impact (and	Measure of	How can the	Comments
		task	for	to	timescales)	impact (e.g.	H&WBB add	
		completion	completion			PHOF	value?	
			of task			measure)		
Susan Hird Page 42	Cancer and cardiovascular disease continue to be specific priority in JSNA and JHWS. These should include information about the underlying causes of these diseases and what we know about where they are most prevalent in the City.	Cancer and cardiovascular disease in JSNA and JHWS	Ongoing	CCG Clinical Executive Team	Medium to high impact, short to medium term.	2.17 Recorded diabetes 2.19 Cancer diagnosed at stage 1 and 2 (placeholder) 2.20 Cancer screening uptake and coverage 2.22 Health Checks uptake and coverage 4.3 Mortality from preventable causes 4.4 to 4.7 Under 75 mortality from CVD, cancer, liver disease, respiratory disease 4.9 Excess under 75s deaths in people with SMI 4.12 Preventable sight loss		Overlap with action 3.7 Commission disease- specific interventions, including a programme to improve the physical health of the severely mentally ill or those with a learning disability.

Lead	Priority task	Measures of task completion	Timescale for completion of task	Reporting to	Impact (and timescales)	Measure of impact (e.g. PHOF measure)	How can the H&WBB add value?	Comments
	Identify 2-3 key actions/interventions that can be taken city-wide to reduce premature deaths from cancer and cardiovascular disease, taking into account work that is already happening. Prevention should be a priority.	Report completed, identifying agreed priority actions/interventi ons	September 2014					
	Implementation of interventions	Intervention incorporated into organisational objectives and plans	April 2015					

Appendix: Local recommendations aimed at addressing health inequalities

#### **Fairness Commission:**

#### General

- 1. All organisations in Sheffield should explicitly commit to tackling the wider determinants of health and using their services (commissioning or direct delivery) to reduce health inequalities wherever possible.
- 2. The NHS and Sheffield City Council should use their available budgets to **prevent health and wellbeing problems from occurring** in the first place.
- 3. Sheffield City Council and the Sheffield Clinical Commissioning Group should spend a progressively increasing amount, both in absolute terms and as a proportion of their budgets, on **initiatives addressing the wider determinants of health**, aimed in particular at people in poverty and with the worst health, or those in danger of having the worst health. This expenditure should be identified and accounted for in an annual report.
- 4. Health and Wellbeing Board (HWB) members must fully utilise their individual and collective position, influence and resources to achieve better health outcomes for Sheffielders in most need. The HWB comprises some of the city's most senior politicians, officials and medical professionals and the Board must act to address the wider determinants, champion and challenge Government and partners in the city (e.g. employers) to contribute to a holistic approach to wellbeing in Sheffield and stand up for the city's health needs.
- 5. Public sector organisations should implement a **health inequalities assessment** for all major strategies and developments. This should also form part of a voluntary 'Fair Employer' code and the City Council and NHS 'Compact' with the voluntary sector
- 6. The city should **promote women's health in general, pre-pregnancy, in pregnancy and after giving birth**. This would include, for example, promoting early registration with a midwife when pregnant, and promoting breast feeding and post-natal support.

# Inequalities in the health system

- 7. The HWB should use the Joint Strategic Needs Assessment to better understand the equity of the health spend in Sheffield
- 8. The HWB partners from the Clinical Commissioning Group and Sheffield City Council must ensure that health spending in the city is more fairly utilised based on the relative needs of communities. This includes making services more accessible and appropriate to groups who currently underuse services.
- 9. That there is a significant **increase in primary and community care** in Sheffield, particularly in the most deprived areas of the city delivered locally in accessible venues
- 10. That the quality of health, care and public health services is of a **consistent**, **high quality** across all areas of the city
- 11. Communities are supported with the necessary skills and information to recognise health concerns and have the confidence to seek advice and support from health services. This should include **removing barriers to services** which are disproportionally experienced by some communities.

#### Mental health and wellbeing

- 12. **Supporting people to receive early diagnosis** to reduce the health inequalities experienced by those individuals and prevent other problems spiralling from the mental health issue, for example debt.
- 13. The diagnosis and treatment of mental wellbeing problems in children needs to improve.
- 14. That commissioners need to increase the prominence given to mental health and wellbeing in commissioning plans, to fulfil the aspirations around this area in the Health and Wellbeing Strategy. This should include moving existing resources from other areas of the health

- system to strengthen mental health and wellbeing services, particularly if this is likely to improve the prevention of mental ill health.
- 15. That the **commissioning of services for the physical health care of people with mental health problems needs to be radically rethought**. This means the strengthening of the local evidence base in this area, and the re-prioritisation of resources from other areas of the health service.

#### Carers

- 16. All employers are encouraged to support carers to be in work, for example through paid leave for carers and flexible working arrangements for all employees which would have particular benefits for carers.
- 17. All schools in Sheffield recognise, identify and support young carers as a vulnerable group of young people who have a right to an education, aspiration and achievement and to ensure a successful career and adult.
- 18. Making sure that the right level of **respite care** is available in the city.
- 19. The city needs to **identify 'hidden carers'**, those people who take on caring responsibilities but have not been identified as a carer and therefore potentially missing out on support available to them. This should focus on young people and certain BME groups who are group of people likely to have a greater proportion of hidden carers.
- 20. The 'With Carer Pass' should be extended to all carers caring for a disabled person.
- 21. The **special needs of older lifelong carers** are recognised by commissioners and service providers.

### **Joint Strategic Needs Assessment**

- 1. Limit the negative impact of welfare reform: welfare reform will have a huge impact on the City and a negative impact on health and wellbeing, both for those affected by the reforms and those affected more broadly by health inequalities. We must minimise the negative impact where possible and in particular, the potential 'double negative impact' for families with children aged under five, families with more than two children and lone parent families.
- **2. Focus on housing**: Conditions in the private rented sector and fuel poverty are both real concerns in Sheffield and interventions should prioritise these two issues and those most at risk.
- **3. Improve employment opportunities:** Fewer people work in Sheffield than the national average and we need to improve volunteering, training and employment opportunities, particularly for young people.
- **4. Better understand mental wellbeing:** Sheffield experiences poorer levels of mental wellbeing than the national average. We need a more comprehensive understanding of the specific factors that contribute to wellbeing if we are to improve locally.
- **5. Focus on leading causes of mortality and morbidity:** Long terms conditions (such as coronary heart disease and cancer) are among the leading causes of premature death in Sheffield and dementia a significant factor in increasing morbidity. This will have significant implications for health and social care services including acute hospital services, residential care and end of life care. These must be a priority for health and social care commissioners for the foreseeable future.
- 6. **Smoking** remains the largest, reversible cause of ill health and early death in Sheffield. Evidence places increasing importance on implementation of a comprehensive tobacco control programme as the key means by which to reduce prevalence of smoking in the future.
- **7. Identify geographical health spend:** We need to establish how health expenditure is distributed geographically within the City and map this against geographical health outcomes. Spend should reflect our aspiration to reduce health inequalities.
- **8.** Develop a better understanding of health inequality by 'group': Whilst we have good data on inequality by geography, we do not have it by group. Groups such as BME communities, children with learning difficulties, homeless people, victims of domestic and sexual abuse and carers are all reported nationally to have below average health, but local data are lacking.

- **9. Map assets:** If we are to reduce health inequalities in the City, it is not enough to know about need alone we also need to understand what assets we have so that we can build on them.
- **10.** Reduce dependence on high end health and social care services: The growth and changes in our population and balance of our investment profile means that the current service model is unsustainable. We must therefore find new ways of responding to need which places a premium on prevention, early intervention, integrated working and care in the community. Although there is a move to do this, there is still a long way to go.
- **11. Acknowledge the impact of spending cuts:** cuts that are impacting on the NHS, local government and the voluntary sector cannot be overlooked and are beginning to have a negative impact on service provision. It is important to question how realistic the outcomes of the Joint Health and Wellbeing Strategy are in light of these funding changes.
- **12. Measure service access and experience:** more emphasis must be placed on collecting and analysing service access and experience data. Without this, it is impossible to measure the extent to which "people get the help and support they need and is right for them".

# **Health and Wellbeing Strategy**

### Outcome 3: Health inequalities are reducing

- 1. Promote appropriate gathering of data to better understand the health inequalities in Sheffield and inform approaches to tackling them.
- 2. Agree a coherent approach to strengthening community resilience and social capital, which has a shared understanding of building communities and exploiting community assets, and which supports community-based organisations.
- 3. Work with partners including planning, transport, education, businesses, community groups, and health and wellbeing services to support coherent, joined-up city localities.
- 4. Identify which groups are least able to access services and establish reasons for difficulties and the health consequences of this. Work to improve access, prioritise those areas where the difficulties in access have significant health consequences, and simplify how people access care.
- 5. Ensure every child has the best possible start in life, including: focused action with the most deprived areas and groups, reducing infant mortality, developing strategies that improve parent/child attunement in early years, increasing the uptake of childhood immunisations, reducing the number of under 5s A&E attendances, reducing smoking rates in expectant mothers, improving children's dental health, increasing the rate of breastfeeding, reducing teenage conceptions, reducing obesity in children and young people.
- 6. Recognising that the city has growing numbers of new arrivals, including Roma, develop appropriate strategies to ensure families are appropriately accessing health, social care and education services.
- 7. Commission disease-specific interventions to tackle poor health in population groups that have worse health, including a programme to improve the physical health of the severely mentally ill or those with a learning disability.
- 8. Support quality and dignity champions to ensure services meet needs and provide support.
- 9. Work to remove health barriers to employment through the Health, Disability and Employment Plan.

### Outcome 2: Health and wellbeing is improving

- 1. Promote a city-wide approach to emotional wellbeing and mental health, focusing on promotion of wellbeing and resilience and early support, and embed this into strategies, policies and commissioning plans.
- 2. Commission a needs-led response to support children and young people's emotional development to enable them to develop personal resilience and manage transition from childhood to adulthood.

- 3. Support the implementation of the new city Parenting Strategy which focuses on positive parenting and developing resilient families and communities so that all children have a stable and enriching environment in which they will thrive.
- 4. Support the 'Move More' initiative to encourage people to be more physically active as part of their daily lives.
- 5. Commission and implement an integrated approach to reducing levels of tobacco use through integrating work on: smoke-free environments; helping people to stop smoking; using mass media by reducing the promotion of tobacco; regulating tobacco products; reducing the affordability of tobacco; and substance misuse services.
- Commission appropriate interventions to reduce harm and promote pathways to structured treatment services for those abusing alcohol or misusing illicit or illegal substances, including reducing the 'hidden harm' to children living in households where adults abuse alcohol or drugs.
- 7. Commission a joint plan and integrated pathway across the city including schools and the commercial sector to act preventatively and with lower-tier interventions to tackle obesity, providing accessible information.
- 8. Continue to prioritise and focus attention on cancer and cardiovascular disease, the main causes of premature mortality in Sheffield.

This page is intentionally left blank