

Living the life you want to live

Sheffield's vision for adult social care

2022 to 2030

Living the life you want to live.



Sheffield
City Council



Foreword

At the writing of this strategy, adult social care, the wider public sector, and the nation have faced one of the biggest health care challenges in a century. The coronavirus (COVID-19) pandemic has led to significant loss of life, tested how we all work together, and pushed our services to their limits. There will be long-lasting implications for citizens and services. The pandemic has made already existing inequalities worse. The pandemic has added further strain to an already stretched adult social care system, with high levels of demand on an already tight budget.

Yet, in these times of uncertainty, intense difficulty and grief, our communities have come together. They have shown how resilient and supportive they can be, responding to calls for help and reaching out to thousands of people in the pandemic. Our care workers have shown their dedication and strength, working throughout the pandemic as the frontline of support to our residents. Our voluntary and independent sector have shown their ingenuity, ensuring people were offered the care and support they needed.

Our citizens and their carers have often had to face their day-to-day challenges in a way that shows incredible steel spirit but that can be tiring, challenging, and lonely. We need a way of working together in adult social care that shows we understand these challenges. A way of working that prevents, reduces, and delays the need for support and makes sure people can stay active and independent regardless of their condition, disability, or age.

Sheffield is a city of diversity and one with strong and vibrant communities. We want to use the wealth of knowledge and expertise in our communities to help deliver our strategy for adult social care. We know that people stay healthier for longer when they are connected to, and supported by, communities. By helping to strengthen our communities, we will reduce health inequalities and improve the quality of life for all our residents.

It's difficult, when times are so challenging, to look to the future and find the energy to try something new. But it is now, more than ever, that we need a vision and a plan — and to work together to achieve it. Together we can make sure that everyone is able to live and age well in Sheffield.

Introduction

As in a lot of places in the country, Sheffield's population is changing. Overall, the population is growing and more of us can expect to live long and healthy lives.



If population estimates are right, there will be 13,000 more people in Sheffield over the age of 65 in 2030¹.



There are more people with long term conditions. More people have a higher risk of 2 or more at the same time, and many people are living longer with those conditions. This can make care and support more challenging in old age.



At the same time, more and more people aged under 65s have long term conditions or disabilities², increasing the number of individuals needing help.



Adult social care has had much less funding from Government over recent years. Short term funding and delayed long term Government vision on adult social care has created uncertainty and instability.



1 in 20 jobs in the whole of the adult social care workforce in the city are vacant, with 36% of people working in the sector leaving and needing to be replaced in 2019–20³.



Throughout the coronavirus (COVID-19) pandemic, more family and friends were caring for loved ones for more time and with less support⁴.

Despite all these challenges, the day-to-day work of care and support is full of examples of selflessness and dedication, that improves the experience of people who use social care services in Sheffield. There are many excellent examples of how we have improved the way we do things, worked well together, and innovated. The challenges we're facing need us all to work as one to make best use of what we have. This strategy is about making sure the way we work works for everybody.

Creating a long-term vision

We need a long-term vision for adult social care in Sheffield because we want to make big changes, and these take time. This work should give us the opportunity to make sure we make the right changes at the right time. It does make it a little more difficult to understand what might affect our strategy — a lot can change over 10 years.

We know that we'll be dealing with the ongoing effects of the coronavirus pandemic for many years to come. The virus has had a significant impact on older people and people with pre-existing conditions. This means that people we support are more likely to have been impacted by the virus. Nationally, more people have died from the virus in care homes as well as people who receive home care⁵. We don't yet fully understand the longer-term impact of the virus (also known as 'long COVID'), or the social and mental health impacts of the pandemic.

The pandemic has made inequalities worse⁶. National research has found that there have been higher cases of coronavirus in more deprived areas than less deprived ones. Overall, there were higher rates of death from coronavirus in Black and Asian ethnic groups. This was similar for people with a learning disability. People with dementia, and specifically Alzheimer's disease, and mental health issues reported poorer experiences of care in hospital in the pandemic. Inequalities were rife before the pandemic, but we need to commit to tackling inequalities as a priority to truly develop better health and social care.

More people are receiving the care and support they need from unpaid care — from family, friends, or neighbours. Care and support workers have been more likely to face the virus, and it's been harder to recruit and train new staff in lockdowns.

Social distancing has often closed or limited day activities and reduced opportunities to engage in preventative **wellbeing**⁷ activities, like going to the gym, attending a class, or meeting face-to-face for a chat. Care homes have had fewer residents and it will likely take a while before these homes could have the same number of residents they had before the pandemic. Many care services have had higher running costs, despite short term funding from Government for personal protective equipment. We've all had to work differently in the pandemic — some of these practices will continue and some will end.

Wellbeing

This could be the feeling of being in good physical or mental health, and being able to do the activities that help you to feel well.

This new adult social care strategy builds on citywide commitments in the Joint Health & Wellbeing Strategy 2019-2024 and Shaping Sheffield 2019-2024. Shaping Sheffield 2019-2024 sets out four clear priorities which align with the adult social care strategy: Promoting Prevention, Ageing Well, All Age Mental Health, Thriving Communities. The Joint Health & Wellbeing Strategy sets out the following outcomes, which the adult social care strategy supports:

- Everyone has access to a home that supports their health.
- Everyone has a fulfilling occupation and the resources to support their needs.
- Everyone can safely walk or cycle in their local area regardless of age or ability.
- Everyone has equitable access to care and support shaped around them.
- Everyone has the level of meaningful social contact that they want.
- Everyone lives the end of their life with dignity in the place of their choice.

Climate change threatens the health and wellbeing of people in our city. More frequent and severe heat waves will increase heat-related deaths. Increased flooding affects housing but also risks a rise in injuries and infectious diseases. Flooding also increases the risk of depression. The Climate Change Act commits us to a 2050 net zero target as a nation. Sheffield has set the ambition to be a net zero city by 2030. We must make sure that the people who use adult social care are included in the opportunities that come from climate action — they will definitely feel the effects.

There are also some national changes we can expect. The Department of Health and Social Care published a White Paper ‘Integrating care: Next steps to building strong and effective integrated care systems across England’⁸ in February 2021. This sets out how the law will change to improve how health and social care work together, including better partnerships through Integrated Care Systems (ICS).

In September 2021, the government announced the Health and Care Levy⁹, which identified a £5.4 billion investment in adult social care over the next three years and an increasing share of the funding beyond that, though this is still to be defined. Some of the expected reform funded by the Levy was published in the Department for Health and Social Care’s White Paper, People at the Heart of Care¹⁰ in December 2021. The document sets out the government’s 10-year vision for adult social care, building on the Care Act 2014. It sets out a range of policies for the next three years, including:

- Integrating housing into local health and care strategies to give further choice of housing and support.
- Further funding to increase technology and digital developments.

- Training the social care workforce and supporting their wellbeing.
- Support services around minor repairs and adaptations to homes.
- Funding to work with the sector to support unpaid carers.
- Innovation funding to give care and support in new and different ways.
- Help for people to understand and access the care and support available, including a new national website.
- More support to local authorities to strengthen local delivery of adult social care.

Many of the details of these plans are still in development. The government has committed to working with the sector and people who draw on care and support to define these further. It's encouraging that the government is beginning the journey to truly valuing and supporting adult social care.

The government has committed to 'levelling up every part of the UK' and building back better from the pandemic across all parts of the country. This involves providing funding to help tackle regional differences in the UK. We know that the North has been affected by the coronavirus pandemic more than other areas¹¹. We need to understand more about how the levelling up agenda will affect adult social care and Sheffield.

The role of Adult Social Care

Adult social care is the support provided to help adults of all ages with physical or learning disabilities or autism, mental illness, substance misuse or frailty. The Council is responsible for understanding people's needs under the Care Act and for meeting those needs, either through Council services or services we buy (for example from social care providers like home care services or the voluntary and community sector) or helping family and friends who are providing informal care.

These responsibilities are found in three important pieces of legislation: the Care Act 2014, the Mental Health Act 1983, and the Mental Capacity Act 2005. The Care Act 2014 built on earlier legislation, added new responsibilities, and extended others, including:

- promoting wellbeing.
- preventing the need for care and support.
- protecting adults from abuse and neglect (safeguarding).
- promoting health and care integration.
- providing information and advice.
- promoting diversity and quality.

Adult social care also supports young people with complex needs who have previously accessed children's social care support. Adult social care is responsible for making sure services are coordinated, effective, and suitable to meet the needs of individuals. It includes making sure people can choose how their support is provided and making sure the support available can meet the needs of the local population.

The Children Act 1989/2004 and Children and Families Act 2014 are also important to adult social care. Young people with additional support needs who are preparing for adulthood and their families need nuanced support during the period of change and as they move to a different kind of support.

Unlike NHS health services, most adult care and support is not free. Many of us will have to pay for some or all our support, depending on our circumstances.

Prevention is a key responsibility under the Care Act. Prevention is about actively promoting **independence** and wellbeing¹². To get this right, we must work with community organisations and with Public Health, so that health improves for everyone, preventing needs arising in the first place. It also means working with people early when they do need support, reducing needs and delaying things getting worse wherever possible.

This could include:

- supporting people to live as healthily as possible, both mentally and physically.
- reducing the use of health services, including primary care, emergency services, and hospitals.
- preventing or reducing the escalation of health issues.
- combating isolation and loneliness.
- supporting people to stay as independent as possible.

Adult social care helps people to live a fulfilling life, realise their potential, and contribute to their **communities**.

Independence

Independence will look different for everyone. It's about being able to make your own choices and being supported to do as much as possible for yourself.

Communities

This could be people who live in the same place, people who have common characteristics or consider themselves a community.

A system of support

This strategy is for the whole social care ‘system’. We use this term to refer to all the people and organisations that are involved in providing adult social care, and the way all those parts work together.

The strategy is about strengthening the relationship between the services providing support and the people supported, together with their **carers** — all as equal members of this system.

How the system works in Sheffield is important for everyone who works to support our residents, including the Council (particularly our colleagues in Public Health, housing, communities, education and skills, and children’s social care), Sheffield Clinical Commissioning Group (CCG), Sheffield Children’s NHS Foundation Trust, Sheffield Health and Social Care NHS Foundation Trust (SHSC), Sheffield Teaching Hospitals NHS Foundation Trust, our independent sector and our voluntary, community and faith sector partners.

Carers

A carer is someone of any age, who looks after a person (a family member, partner, or friend) who needs help because of their illness, frailty, disability, a mental health condition or an addiction, and cannot cope without their support. The care they give is unpaid.

Carer is used in this document to mean adult, parent and young carers unless specified.



Figure 1: a representation of the type of support that can exist around the person — the closer to the person, the more supportive, long term and influential they are likely to be. It should not be seen as complete.

The coronavirus (COVID-19) pandemic has highlighted how important and fragile the adult social care system can be. As active members of the adult social care community, we need to be its advocates. This includes understanding the wider impacts on adult social care and shaping and influencing them wherever possible. It doesn't mean doing everything ourselves: it means working together with our wider communities to make the right things happen in the right way.

Our mission statement explains how, together, we will meet these challenges. It's not about activity, budget, or problems, it's about focusing everything we do on what matters:

Enabling the people of Sheffield to live long, healthy, and fulfilled lives.

Our strategy for the next 10 years is about making sure this is the reality in Sheffield. Everyone, regardless of the support they need, is entitled to “live in the place we call home with the people and things that we love, in communities where we look out for one another, doing things that matter to us”¹³. Not enough people in Sheffield who need support in their daily lives are able to live the life they want to live. We need to act now to deliver a better future for everyone in Sheffield.

Our values

Working together as the whole of the adult social care system means we must share a set of values for how we work. This means that everyone knows what to expect. These values are key to delivering the vision for adult social care in Sheffield. They reflect what people have told us is important about how we should all work.

Person-centred, strengths based

- We view everyone as unique individuals who have strengths, **assets**, skills, and talents.
- We avoid trying to fit people into a range of inflexible services. Instead, we focus on their strengths, assets, and the **outcomes** they want to achieve.
- We listen to what matters to each person we work with, making sure they have an equal voice in their care and support.
- We remove barriers so that people can engage and connect with what matters to them, including delivering support more locally.
- We tackle inequality, working to make sure that everyone has the same access to and experience of excellent care and support.

Assets

Things you have that are helpful or useful – this could be relationships or knowledge, or like a house or a car.

Outcomes

An aim or objective you would like to achieve or need to happen. These should be what are the most important to you.

Collaborative and empowering

- We communicate openly — sharing information and listening to others.
- We make sure everyone can make informed decisions about their support and maintain an active role in their community.
- We collaborate with people and communities to make sure we're working together effectively, and we are committed to developing more ways to share power.
- We continue to support effective integration, particularly across health and social care, but also across the system.
- We support everyone who works to deliver adult social care to be knowledgeable, informed, innovative, and creative in their work.

Compliance and best value

- Everything we provide and choose to fund is based on a standard of safe, effective, and quality services for all.
- We focus on people's experiences, continuing what works and fixing what doesn't.
- Our decision making is clear, **transparent** and **inclusive** (meaning everyone is involved). Decisions are made with the people they affect and as locally as possible.
Important
- Human Rights principles of dignity, fairness, respect, and equality will be at the centre of all we do.
- We fully promote creativity about how people are supported — and use our funds to innovate and provide support that works.
- We take impacts on the environment into account and contribute to the city's sustainability goals.
- We promote best practice, commit to improving and meeting standards, and encourage evidence-based innovation across all parts of adult social care.

Transparent

How we make sure decisions can be understood.

Inclusive

Everyone feels comfortable and respected, and able to get involved. It means treating people as equals and we remove barriers that might stop people participating.

Our vision

The adult social care system is linked to many different aspects of the life of our city — from the employment of thousands of people and success of hundreds of businesses to the quality of life of residents. The city depends on health services and adult social care working together to make sure residents are supported to be as healthy, independent, safe, and well as possible. We also recognise our adult social care systems are connected to many other aspects of the city — like housing, planning, business development, and to amenities like parks and leisure centres.

Our vision for the next 10 years is not just a vision for Council adult social care services, it's a vision for social care across the city. It can only be achieved if we all work together. It means working in partnership as professionals but also in true partnership with our citizens, designing solutions, and working on what matters. We need to work together to achieve the ambitions we've set out. This is how we will continue to improve care and support in Sheffield. Our vision builds on our history of collaboration and the ways we have worked in partnership to deliver better outcomes for our citizens.

Everyone in Sheffield lives in a place they can call home, in communities that care, doing things that matter to them, celebrated for who they are — and when they need it, they receive care and support that prioritises independence, choice, and recovery.

In Sheffield in 2030, everyone in the city will be able to live their lives well, in a safe and comfortable home, or in a homely setting, in their local community. The right home, in the right place, with the right connections is crucial. People are connected to communities that care, looking after one another, recognised and valued for who they are, so that they can focus on what matters to them. Family and friends, hobbies and interests, new experiences, work, volunteering, or learning — these are the connections that matter, that make people feel valued and keep them well.

When people do need help, that help builds on these connections and focusses on helping people to achieve their outcomes through personalised, person-led, accessible, and excellent quality support. People take an active role in designing their support and listen to each other. When crisis happens, people are supported quickly and intensively to regain stability and control in their lives.

Young people with complex needs and their families are supported in the move from children's to adult's social care. People have a good choice of excellent quality provision at every stage, tailored to their needs, that helps maintain and build their independence and recovery. Organisations that fund, plan, and oversee social care work together to make sure this happens, committed to developing a strong, quality partnership of support with communities that meets Sheffield's needs.

Those that care for people are supported and valued, including unpaid carers — who are recognised for the invaluable role they play. Unpaid carers are recognised for their expertise and supported to make the right choices for them and their family. In 2030, Sheffield is a great place to have a career in social care. Our workforce is empowered to make decisions with the people they support. They are supported through excellent quality, ongoing professional development, innovative and creative practice, and competitive salary and advancement opportunities.

Everyone can live their lives well and live the end of their lives with dignity where they wish.

We want to encourage our citizens to:

- keep healthy, active, and safe — including managing emerging and existing conditions.
- give — volunteer if they can, share their knowledge and experience.
- get connected — reach out to friends, talk to a neighbour, engage with their community.
- keep learning — learn, relearn, and grow skills.
- take notice — pause and reflect, focus on the here and now, look out for one another, our environment and community.
- talk to us about what they need and tell us if we get it wrong — take an active role in defining and influencing care and support.

Our vision for Sheffield recognises what is important, not only what the system needs to 'manage'. It requires a strong partnership to deliver the best outcomes for the people of the city. We need to work together to support people's health, care, and support needs. By working in this way, people will be to take control of their lives, manage their conditions, and live with a sense of independence.

Our outcomes

Our outcomes help to make our vision real — they're about what we want to focus on getting right. They're about building on the foundations of wellbeing: building and maintaining connections, experiencing new things, taking time to explore our hobbies and interests, learning, or working. By working closely in partnership, including with colleagues across the whole of health and care services, we can deliver the best outcomes for people.



Safe and well

Everyone has the right to feel safe in a place they can call home (at home or in a homely setting) and protected from harm. We want everyone in Sheffield to be physically and mentally well for as long as possible, able to manage their conditions and to be able to return to their normal life as much as possible after a change in their circumstances.

Active and independent

Everyone in Sheffield should be able to live independently and have control and choice over decisions that affect their care and support. All our work should support people to increase their independence regardless of condition, disability, or frailty. Independence will look different for everyone. We'll work to simplify the adult social care system, but we know that some people will still need support to access it: we will **advocate** for people who may need it.

Advocate

This is about representing your interests and helping you to express your needs and wishes. This can involve an independent person working with you.

Connected and engaged

Everyone can connect with communities that care and support them. We listen to their voices and take feedback on board. People are engaged in that community, sharing their experience, and contributing to the wellbeing and prosperity of their members. Unpaid carers are plugged into a network that enables them to get support for their own mental health, wellbeing, and needs.

Aspire and achieve

Everyone can develop their sense of purpose and find meaning in their lives. We support them to develop their personal outcomes and aspirations to achieve their ambitions, which can include cultivating hobbies and interests, helping others, education, employment, or lifelong learning.

Efficient and effective

Everyone is supported by a system that works smartly together, delivering effective and quality outcome-focused services that promote independence and recovery. People have a choice of good services that meet their needs and give them a positive experience regardless of their background, ethnicity, disability, sex, sexual orientation, religion, or belief. This is enabled by an engaged, supported, and well-trained workforce that works together through innovation and creativity that is trusted to make the right decisions with the people they support. Our transparent decision-making system delivers best value. We will consider climate impacts in our decisions.

Our commitments

Our commitments are the guiding principles we will follow and how we deliver this strategy. They show how we'll achieve our outcomes and highlight what we want to do better. By working in this way, we want to achieve fundamental changes to how social care works in the city.

1. Support people to live a fulfilling life at home, connected to the community and resources around them, and provide care and support where needed.

2. Provide temporary assistance to help people regain some stability and control in their life following ill health or crisis.

3. Provide care and support with accommodation where this is needed in a safe and supportive environment that can be called home.

4. Make sure support is led by 'what matters to you', with helpful information and easier to understand steps.

5. Recognise and value unpaid carers and the social care workforce, and the contribution they make to our city.

6. Make sure there is a good choice of affordable care and support available, with a focus on people's experiences and improving quality.

Our next steps

We've developed a high-level plan in this strategy that identifies our priority activity.

The strategy depends on connections to other strategies to be delivered. These strategies may be in other departments of the Council or perhaps in other organisations. Some also develop themes of the strategy further, with more detail provided on specific services or communities.

We'll make sure we're delivering on our plans through our **governance** structure.

Governance

Governance is the way organisations make decisions and how those decisions are made. It's also about making sure these decisions can be explained and understood.

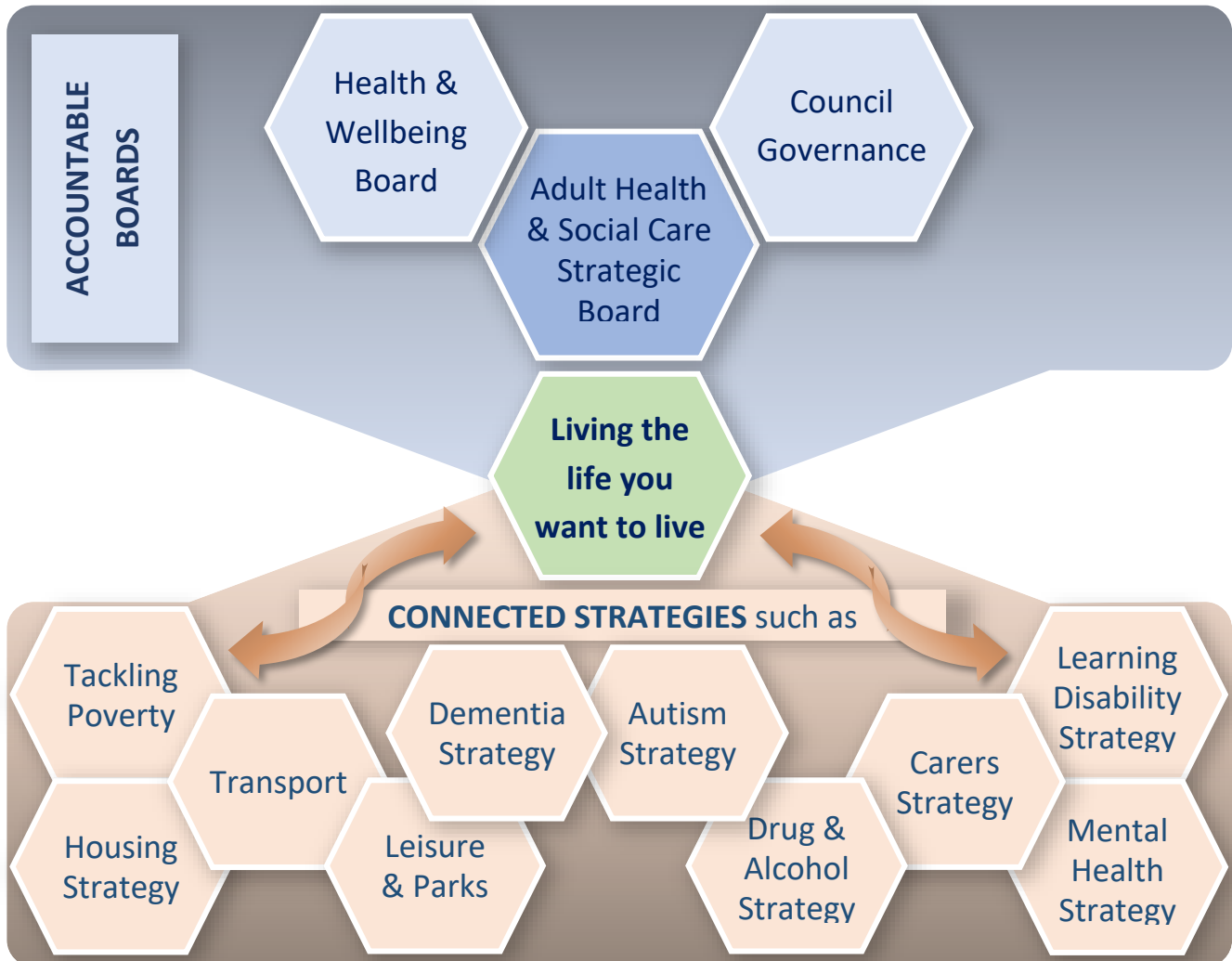


Figure 2: Our governance structure, showing how progress on the strategy will be monitored, and how other work and strategies are connected. It should not be taken as complete.

Through this, we have developed our priority actions and the change we want to see across our model of care and support. This plan was developed with Sheffield citizens, partners, and providers. Using Think Local, Act Personal's 'Making it Real'¹⁴ as a framework, our plan is focussed on change that we know will make a difference for people.

We want to continue to bring people, communities, and organisations together to share resources and expertise and develop more detailed plans for how we can achieve this strategy.

Commitment 1. Support people to live a fulfilling life at home, connected to the community and resources around them, and provide care and support where needed.

What would make a difference?	What will people say is different?
We will provide a partnership of care and support, designed, and delivered with communities.	<ul style="list-style-type: none"> • I know what services and opportunities are available in my area. • I am confident to engage with friends/support services. • I have a conversation with someone who understands me. • I know where to go and get help.
We will develop an accessible team model where social work staff can really work in partnership with and get to know their community.	<ul style="list-style-type: none"> • I know where to go and get help. • I have a conversation with someone who understands me.

Commitment 2. Provide temporary assistance to help people regain some stability and control in their life following ill health or crisis.

What would make a difference?	What will people say is different?
We will deliver a strong, reactive offer of services that provide flexible and intensive crisis support.	<ul style="list-style-type: none"> • I know that I have control over my life, which includes planning ahead. • When I need support, it looks at my whole situation, not just the one that might be an issue at the time.
We will shift our resources and focus to develop and deliver more proactive, preventative approaches.	<ul style="list-style-type: none"> • When I need support, it looks at my whole situation, not just the one that might be an issue at the time. • We start with a positive conversation, whatever my age.

Commitment 3. Provide care and support with accommodation where this is needed in a safe and supportive environment that can be called home.

What would make a difference?	What will people say is different?
We will develop vibrant options for care that offer more choice, that help the person to retain or regain control of their life and build on the strengths of the person and their networks.	<ul style="list-style-type: none"> • I know what services are available and can make informed decisions. • I can make a choice on whether I move into a care home, and where and with whom I live.
We will transform care at home in Sheffield, focussing on improving experience and outcomes.	<ul style="list-style-type: none"> • I know what services are available and can make informed decisions. • I deal with people I know and trust that are well-trained and love their job, respect my expertise, and can make decisions with me.

Commitment 4. Make sure support is led by ‘what matters to you’, with helpful information and easier to understand steps.

What would make a difference?	What will people say is different?
<p>We will improve how we share information so that it meets the needs of everyone in Sheffield, with plain language and simplified access steps.</p>	<ul style="list-style-type: none"> • I know what services are available and can make informed decisions. • I know where to go and get help.
<p>We will invest in a system-wide approach that means everyone receives the same standard and continuity of preventative person-centred care.</p>	<ul style="list-style-type: none"> • I know that I have some control over my life and that I will be treated with respect. • I am listened to and heard and treated as an individual. • I am seen as someone who has something to give, with abilities, not disabilities. I get support to help myself. • I feel that I have a purpose. • I can have fun, be active, and be healthy.
<p>We will make sure everyone can be involved as an equal partner in designing the support and services they receive across the whole system.</p>	<ul style="list-style-type: none"> • I am listened to and heard and treated as an individual. • I am seen as someone who has something to give, with abilities, not disabilities. I get support to help myself.
<p>We will deliver more flexible and simplified ways for people to be able to purchase and arrange their care and support.</p>	<ul style="list-style-type: none"> • I can manage money easily and use it flexibly.

Commitment 5. Recognise and value unpaid carers and the social care workforce and the contribution they make to our city.

What would make a difference?	What will people say is different?
We will develop and deliver a Sheffield workforce strategy for the whole system, focussing on equality, diversity, and inclusion.	<ul style="list-style-type: none"> • I deal with people I know and trust that are well-trained and love their job, respect my expertise, and can make decisions with me.
We will embed a clear support offer and structure for all carers.	<ul style="list-style-type: none"> • I am resilient and have good mental health and wellbeing. • I have balance in my life, between being a parent, friend, partner, carer, employee.

Commitment 6. Make sure there is a good choice of affordable care and support available, with a focus on people’s experiences and improving quality.

What would make a difference?	What will people say is different?
We will ensure people can move easily between care and support including health, social care, and the voluntary, community, and social enterprise sector.	<ul style="list-style-type: none"> • I only tell my story once unless that there are changes to ‘what matters to me’. • The system is easy to navigate.
We will embed open and transparent decision-making alongside our plans and priorities for adult social care, created with the people of Sheffield.	<ul style="list-style-type: none"> • I am listened to and heard.

This strategy and the high-level plan are a starting point. They set our vision, values, and direction, but we need to work with our communities to figure out what comes next together.

The strategy will be accompanied by annual delivery plans that set out the detail we'll need. The strategy is a long-term vision, and we know how quickly situations change and priorities shift. Our delivery plans will need to be mindful of this shifting landscape.

We'll make sure our citizens can be more involved in helping set these plans and priorities through our governance structure. Our delivery plans will be published and shared. We will set up ways for people to hear our progress and challenge us where things aren't working.

We'll know the strategy is a success when:

- People can make the best possible choices about their health and care.
- People tell us they feel supported as an individual.
- People tell us they are working to achieve their goals.
- People feel a sense of independence and connection to their communities.
- Our system is sustainable.

'Living the life you want to live' is a call to everyone who experiences, or may experience, adult social care in Sheffield. We owe it to ourselves, our families, and future generations to deliver the vision set out in this document. Please work with us to make it a reality.

About this document

Living the life you want to live

Sheffield's 10-year vision for Adult Social Care, 2022-2030.

This version was published in March 2022.

Available in different formats and languages. Contact us about this.

Sheffield City Council Strategy and Commissioning Service.

Telephone (0114) 273 4119. Email information@sheffield.gov.uk.

For more information about Adult Social Care, visit our website www.sheffield.gov.uk.

Please use the links below to find out more about some of the information we have given in the strategy.

¹ Based on POPPI figures (www.poppi.org.uk) — in 2020, there are approximately 95,000 people aged over 65. The 2030 estimate is 108,200.

² Based on PANSI figures (www.pansi.org.uk).

³ Skills for care www.skillsforcare.org.uk/adult-social-care-workforce-data/Workforce-intelligence/publications/local-information/My-local-authority-area.aspx

⁴ Carer's Trust, A few hours a week to call my own, November 2020
<https://carers.org/downloads/resources-pdfs/a-few-hours-a-week-to-call-my-own.pdf>

Carers UK research (Caring behind closed doors: six months on www.carersuk.org/news-and-campaigns/campaigns/caring-behind-closed-doors)
Research estimated that there was a 49.5% increase in the number of carers (approximately 29,700 more in Sheffield) since the start of lockdown. In the same research, 81% of carers reported that they are doing more caring since the start of lockdown. A local Sheffield questionnaire in April 2021 indicated 58% of carers felt they were doing more caring. Both figures show a significant additional ask of carers.

⁵ Institute of Faculty and Actuaries, COVID-19 Report - Impact on Social Care, www.actuaries.org.uk/system/files/field/document/Impact%20of%20COVID-19%20on%20social%20care%20-%20Final%20Paper.pdf

⁶ Care Quality Commission, The state of health care and social care 2020/21, www.cqc.org.uk/sites/default/files/20211021_stateofcare2021_print.pdf

⁷ We've aimed to make this document as clear and simple to understand as possible, but there may be some social care terms you are not familiar with, like outcomes or co-production. We've explained many of these terms and used Think Local, Act Personal's online Jargon Buster to help us define these.

www.thinklocalactpersonal.org.uk/Browse/Informationandadvice/CareandSupportJargonBuster.

⁸ <https://www.england.nhs.uk/publication/integrating-care-next-steps-to-building-strong-and-effective-integrated-care-systems-across-england/>

⁹ Health and Social Care Levy, 9 September 2021, <https://www.gov.uk/government/publications/health-and-social-care-levy/health-and-social-care-levy>

¹⁰ People at the Heart of Care: Adult Social Care Reform White Paper, December 2021 https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1037594/people-at-the-heart-of-care_asc-form-accessible.pdf

¹¹ The Northern Health Science Alliance, COVID-19 and the Northern Powerhouse www.thenhsa.co.uk/2020/11/covid-19-report-reveals-massive-hit-to-the-norths-health-and-economy/

¹² as defined in the Care Act Statutory Guidance (2016) www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance

¹³ Social Care Future's vision for adult social care; Social Care Future is a group of people with lived experience of social care who developed a vision as part of an inquiry into social care, exploring how this vision can be a reality for everyone. <https://socialcarefuture.blog/>

¹⁴ Think Local, Act Personal, Making it Real <https://www.thinklocalactpersonal.org.uk/makingitreal/about/six-themes-of-making-it-real/>