Resilient Communities update on the test of change

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To give an update to JCC on Resilient Communities

1. Why and what are Resilient Communities
2. Linkages with national and local policies
3. The evidence base for the model
4. High level plan and outcomes
5. Summary

Why *Resilient Communities*?

- There is a wealth of national and international evidence that shows people with a *lack of social networks, and communal capabilities and resilience* leads to poor outcomes in terms of employment, housing, wellbeing and physical health.

- Loneliness and lack of voice / influence contributes to people accessing formal services earlier and for longer.

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How Resilient Communities aligns and contribute nationally and locally

National Policy

LEVELLING UP

- restore a sense of community, local pride and belonging, especially in those places where they have been lost; and
- empower local leaders and communities, especially in those places lacking local agency.

City Policy

HEALTH AND WELLBEING STRATEGY

Ambition 8: everyone has the level of meaningful social contact that they want

ADULT SOCIAL CARE STRATEGY

Commitment 1: support people to live a fulfilling life at home, connected to the community

JCC Sheffield Health & Social Care Plan 21/22

Primary Care and Social Care Collaboration

Causes and impacts of loneliness and isolation

Life stage:
Becoming a new parent
Relocating
Ending relationships
Bereavement

Health:
Mental Health
Reducing mobility
Shielding
Leaving hospital

Socio & economic:
Low income
Language barriers
Refugees & asylum

Impacts:
- Loss of confidence
- Lack of informal support
- People need formal services sooner
- Increased health risks

What is a *resilient community?*

A *resilient community* should feel like:

- Somewhere that is cohesive, friendly and welcoming of all people
- Streets and neighbourhoods look out for each other
- People volunteer – formally and informally eg peer support, lunch clubs, just collecting the litter on a walk
- There is activities, groups and associations eg friends of the park, walking groups, history – sporting memories
- People feel they can contribute, their voice is heard, they are 'empowered'

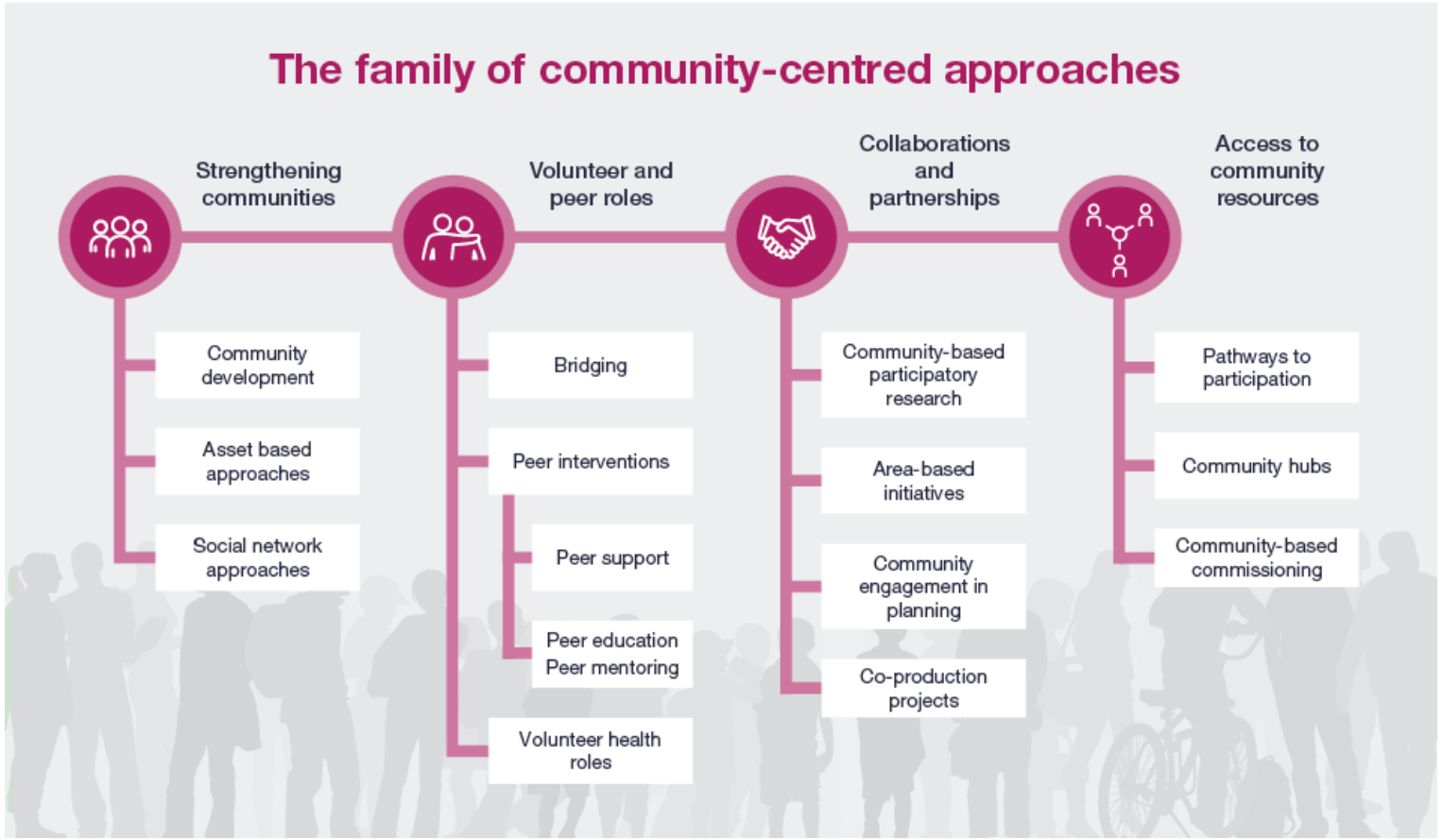
We have purposely **NOT DEFINED** *'a resilient community'* because it will be different to different communities and should be *'self defined'* – it doesn't necessarily mean place either

When we consider *Resilient Communities* – this is about People & Communities and **NOT INSTITUTIONS** or buildings such as VCF, GPs, schools, libraries, museums or leisure centres (they are all important to facilitate / enable for communities to GROW)

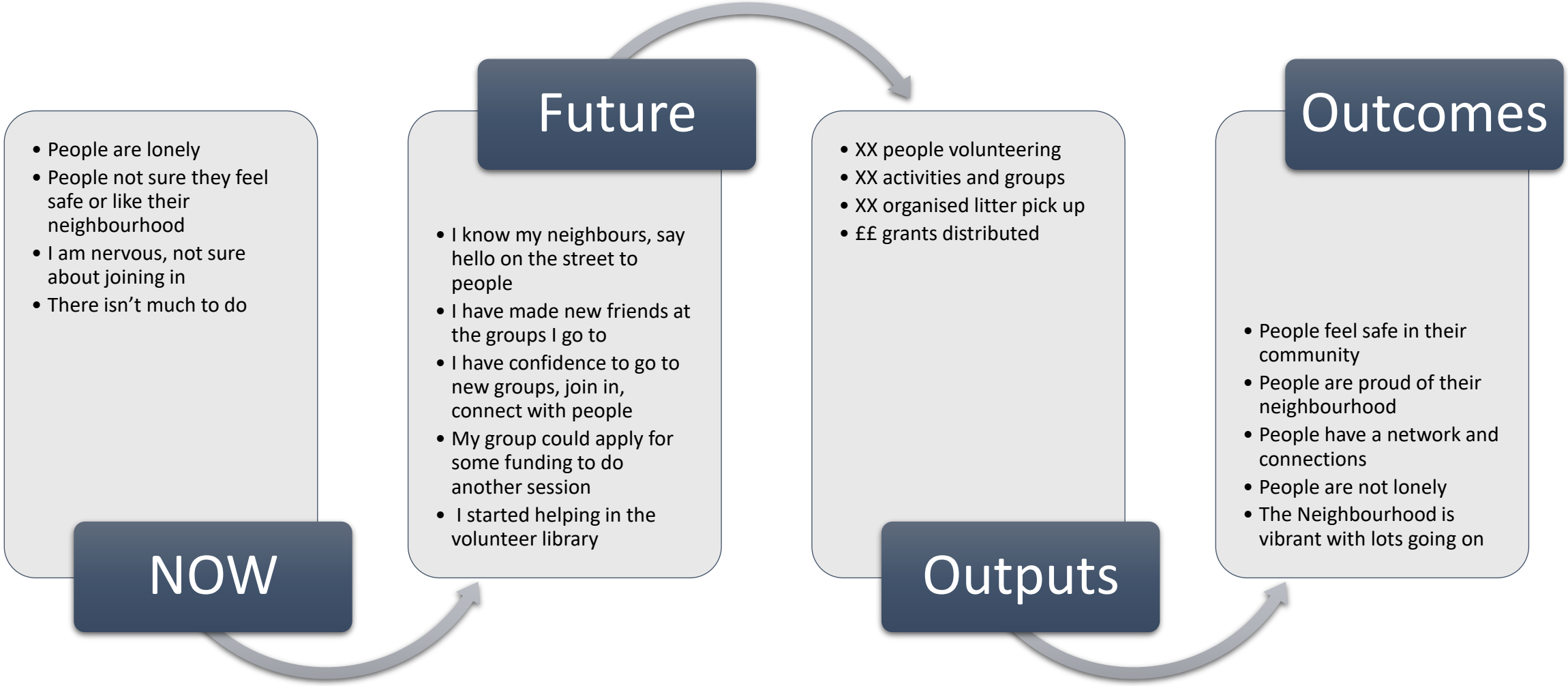
We are using the Public Health England family of community-centred approaches to base this test for change

Public Health England

Healthmatters



The Logic Model: now, future, outputs & outcomes



Update:
testing the approach in a neighbourhood

- We have identified a small pot of non recurrent funding to test the approach
- There is an ongoing informal conversation with the Local Area Committee to identify the neighbourhood for test for change
    - In one of the neighbourhoods there is currently work to map all the places where people can meet. The map will collate all the existing activities that support cohesion and then identify any opportunities to increase the activities or improve the spaces. The outcomes should be an increased sense of how to improve cohesion / integration and inclusion at a neighbourhood level.
    - As this mapping work is coming to an end, it feels like a suitable way to gently introduce *resilient communities* as the next stage in the process for their community
- It is worth stating, in starting this test of change – it cannot be done to the community and although we have a tentative plan, we know we will need to be led by the community and its population if it is to be successful for people

Update: High level plan

Build on the mapping / build sense of working together

Fund a community development worker based in VCF

Small grants pot

Asset based community development training for local workforce

What outcomes are we expecting?
testing the process and the neighbourhood starting work together

Model

a. An understanding of how the process worked – how could we make it replicable in other neighbourhoods
    a. This is a action research
    b. Double loop learning
b. What other forms of support need wrapping around the test e.g. officer support and VCF support

People and community infrastructure

a. People make friends and networks because there are more activities and places to connect with people
b. Greater interaction with governance and civic activities e.g. consultations, meetings
c. Stronger partnership mechanisms and meetings
d. Development of a bid to national funding pots (local match funding will need to be sourced)

Summary – to conclude

- JCC to note the update and test for change
  - Testing the approach
  - Understanding the impact on people / communities

- JCC are asked to contribute / steer the outcomes to be measured

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