

Policy Committee Decision Report

Title of Report:	Update on the Sheffield All-Age Emotional and Mental Health and Wellbeing Strategy
Date of Decision:	18 th September 2024
Report To:	Adult Health and Care Policy Committee for Decision and Education, Children and Families Policy Committee for Endorsement
Report Of:	Alexis Chappell, Strategic Director Adult Care and Wellbeing. Meredith Dixon-Teasdale, Strategic Director of Children Services. Steve Thomas, Clinical Lead Mental Health, Learning Disabilities, Dementia and Autism.
Report Author:	Amy Buddery, Head of Commissioning – Children and Families, Sheffield City Council, Tim Gollins, Assistant Director, Access Mental Health, and Wellbeing, Sheffield City Council, Louisa King, Programme Lead – Mental Health, Learning Disabilities, Dementia and Autism, NHS South Yorkshire Integrated Care Board – Sheffield Place
Executive Summary:	The purpose of this report is to update Committee members on the delivery of Sheffield All-Age Emotional and Mental Health and Wellbeing Strategy which was previously agreed in spring 2023.

The strategy is split into four themes:

- Theme 1: address the wider determinants of health
- Theme 2: support the emotional and mental health and wellbeing of our children and young people
- Theme 3: provide earlier help to people who need it
- Theme 4: provide effective and good quality care and treatment services.

This report highlights the key developments across each theme to date.



Council Plan outcomes:

[A place where all children belong and all young people can build a successful future](#)

[Great neighbourhoods that people are happy to call home](#)

[People live in caring, engaged communities that value diversity and support wellbeing](#)

[A creative and prosperous city full of culture, learning, and innovation](#)

Policy Committee remit:

Include the following: "This report is to be considered by the Policy Committee as its remit includes [Part 3C - 3.3 Matters Delegated to Committees May 2024.pdf \(sheffield.gov.uk\)](#)"

Does the report contain confidential or exempt information? No

Recommendations:

Committee is recommended to:

1. Note the progress to date at Appendix 1 and requests an update on an annual basis, with the next expected in September 2025.
2. Approve that responsibility for oversight of Themes 1, 3 and 4 of the Strategy are overseen by the Mental Health, Learning Disabilities, Dementia and Autism (MHLDDA) Delivery Group.
3. Approve that for Theme 4, regular updates are provided to Health Scrutiny Committee and Adults Health and Care Policy Committee as an assurance of effective and good quality care and treatment services in Sheffield.
4. Approve that the responsibility for oversight of theme 2 will transfer, along with wider responsibility for the emotional health and wellbeing and mental health of babies, children and young people aged 0-18 and care leavers aged 18-25 from the Sheffield Mental Health, Learning Disability, Dementia and Autism Delivery Group to the Sheffield Children and Young People Delivery Group

Financial Implications: No - Approved by: Kayleigh Inman

Legal Implications: No - Approved by: Patrick Chrisholm

Equality and Inclusion Implications: Yes - Approved by: Ed Sexton

Initial/Full Equalities Impact Assessment completed with EIA number: 2611

Climate Change Implications: No

Background Papers: N/A

Appendices: Appendix 1- Key Developments across each theme to date

1. Background to the issue

1.1 Sheffield's [All-Age Mental and Emotional Health and Wellbeing Strategy](#) sets the scene for supporting Sheffield people – from young to old – with their emotional, mental health and wellbeing.

1.2 It is positive, ambitious, and focussed on delivering change in partnership for benefit of citizens of Sheffield. It is a partnership document, and a range of organisations and professionals are continuing to work together to deliver our city wide vision which is “*Good mental and emotional health and wellbeing, for all, at every stage of life*”.

1.3 Good mental health is key for everything, and poor mental health is impacting on the life chances of children, young people, adults and older adults in the city. We know that we need to act now to support our children, young people, adults, older adults and their families and unpaid carers.

1.4 The Strategy was approved on 19th April 2023 by Strategy and Resources Committee, and annual updates are provided to the Adult Health and Social Care, and Education, Children and Families Committees to ensure effective oversight and governance of delivery upon the Strategy.

1.5 The aims of the strategy are:

- To put mental and emotional health and wellbeing at the heart of all we do as a city.
- To make sure mental and emotional health and wellbeing is valued the same as physical health.
- To ensure mental wellness, resilience and the prevention of illness are promoted at the earliest opportunity – especially following on from the pandemic.
- To make sure discrimination and inequalities that lead to poor health and mortality are being tackled.
- To make children and young people’s emotional health and wellbeing a top priority.
- To provide the right care and support at the right time and as close to home as possible.
- To support people who are recovering from mental illness to live healthy and fulfilled lives.

1.6 Activities within the four themes of the strategy follow seven key principles:

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1. Work in partnership and co-produce support with children, young people and adults with lived experience, families and carers, and local communities.
2. See children, young people and adults as a whole person, not a diagnosis, treating people with respect and having culturally appropriate services.
3. Take an all-age approach reducing the gaps between services and having clear pathways and choice.
4. Make good mental and emotional health everyone's business.
5. Deliver meaningful outcomes for children, young people and adults, and being guided by evidence, data, and evaluation.
6. Develop and grow our workforce to deliver high quality support and services.
7. Work in a trauma informed way.

2. Proposal

How the Strategy's work programme is governed

- 2.1 The strategy has four delivery themes:
- Theme 1: address the wider determinants of health
 - Theme 2: support the emotional and mental health and wellbeing of our children and young people.
 - Theme 3: provide earlier help to people who need it.
 - Theme 4: provide effective and good quality care and treatment services.
- 2.2 To ensure effective delivery on the strategy and with that enable the vision and aims of the strategy to be achieved a review of governance has been undertaken. The governance proposals support a system wide, place-based and collaborative response with clear oversight and governance arrangements.
- 2.3 It is proposed that Themes 1, 3 and 4 are sponsored and overseen by the Mental Health, Learning Disabilities, Dementia and Autism (MHLDDA) Delivery Group, which sits under the Adult Health and Social Care Policy Committee, Adults Partnerships Board and Sheffield Health and Care Partnership which is part of South Yorkshire's Integrated Care System.
- 2.4 It is additionally proposed that the Health Scrutiny Committee will have oversight of Theme 4 which is to provide effective and good quality care and treatment services as an assurance process to ensure an ongoing effectiveness of support to individuals experiencing mental ill health with regular updates, as agreed by the Health Scrutiny Committee.

- 2.5 It is proposed that responsibility for oversight of theme 2 will transfer, along with wider responsibility for the emotional health and wellbeing and mental health of babies, children and young people aged 0-18 and care leavers aged 18-25 from the Sheffield Mental Health, Learning Disability, Dementia and Autism Delivery Group to the Sheffield Children and Young People Delivery Group, which sits under the Children and Families Policy Committee and Sheffield Health and Social Care Partnership.
- 2.6 The proposal aims to consolidate strategic oversight of the approaches to continually develop services to meet the needs of children and young people, adults and older adults in Sheffield.
- 2.7 It aims to develop consistency in the application of delivery models and integrated working designed to work most effectively across the city. It also aims to better embed the activities outlined in the strategy into the governance structures which already deliver a wide range of strategies aimed at improving children, young people's, adults and older adults lives.

Progress in delivering the strategy

- 2.8 Appendix 1 details key developments across each theme to date and includes case studies and progress to celebrate. Further work will continue by partners over 24/25 and 26/27.
- 2.9 Each of the activities will have carried out consultation and engagement exercises as appropriate, and various partners fund different organisations to support with engagement and co-production, including Chilypep, the Mental Health Partnership Network, the Mental Health Collaborative, and Synergy.
- 2.10 A conference on emotional and mental health is being planned which will enable continued system wide commitment to and delivery on the strategy and with that recognising the importance of delivering improved outcomes for people of Sheffield.

3 How does this decision contribute to the Council Plan?

3.1 Council Plan outcome

Delivering this strategy will directly contribute to the following Council Plan outcomes:

- *Sheffield's children and young people feel secure and safe in their lives, with a strong support network.*

- *People are happy with where they live, able to access the services and facilities they need close to home, and able to make the most of everything all the city's neighbourhoods have to offer.*
- *People live long, independent and fulfilling lives..*

3.2 People – Prosperity - Planet

3.2.1 The 'People' element of the Council's triple-lock is addressed by this strategy because the strategy supports people to achieve their potential and therefore to lead fulfilling and healthy lives. The 'Prosperity' element is addressed because the strategy enables more people to succeed, and with more people being successful our whole city will succeed. Finally, the third of the triple-locks, - 'Planet', is supported by this strategy because as people have better mental and emotional health and wellbeing, they are able to take and make more sustainable decisions within their communities

3.1 City Goals

3.1.1 There are 18 city goals, and the mental health and emotional wellbeing of people who live in Sheffield is key to deliver all of them. This strategy enables people to deliver on our city economy, our city's sustainability, our communities and our social environment.

4 What community or partner engagement has been undertaken and how has it informed the proposal?

4.1 Prior to its agreement and sign off, this strategy was several years in development. Many people helped develop this strategy between 2019-22, and key activities included:

- Co-producing the approach to developing the strategy.
- Hosting a consultation launch event.
- Holding discussions with a range of service users, groups and partners, including with children and young people.

4.2 This report provides an update in relation to activity underway to deliver the All-Age Emotional, Mental Health and Wellbeing Strategy. Each of the activities will have carried out consultation and engagement exercises as appropriate, and various partners fund different organisations to support with engagement and co-production, including Chilypep, the Mental Health Partnership Network, the Mental Health Collaborative, and Synergy

5 What alternative options did we consider?

5.1 Alternative Option 1:

Delivering the strategy is a key objective for the city's partners; the only alternative option is not to work together in partnership to improve emotional and mental health and wellbeing. This option is not recommended.

6 How has equality, diversity and inclusion been actively considered?

6.1 The Council's legal duties under the Equality Act 2010 include having due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations in respect of people's age, disability status, race or other characteristic protected by the Act.

6.2 We use Equality Impact Assessments (EIAs) to assess how our functions as a public authority are contributing towards these duties. The Council also requires that we consider additional characteristics and measures, including people who have unpaid caring responsibilities, poverty & financial inclusion, or geographical impact.

6.3 Individual projects that are part of this strategy will have EIAs completed as appropriate, with additional work carried out where necessary to support individuals with protected characteristics

6.4 The strategy includes a number of plans and priorities relating directly to education, children & families and adult health & social care activity, including disability, all-age, health & wellbeing, mental health, dementia and neurodiversity. In addition, the strategy would expect to impact in other equality areas, including:

- Financial inclusion – connecting to poverty/inequality programmes and public policy
- Voluntary, community, social enterprise sector and faith sector – addressing isolation, connection and recovery
- Age – infant mental health, children's early intervention initiatives and safeguarding from exploitation and abuse
- Race – expanding access to talking therapies
- Carers – providing better, more joined up, support to carers and families

7 Financial and Commercial Implications

7.1 There are no direct financial and commercial implications stemming from this report. Individual projects that are part of this strategy will have the financial and commercial implications signed off as appropriate

8 Legal Implications

8.1 The core purpose of adult health and social care support is to help people to achieve the outcomes that matter to them in their life. The Care Act 2014 sets the Council's statutory power to direct the provision that:

- promotes wellbeing
- prevents the need for care and support
- protects adults from abuse and neglect (safeguarding)
- promotes health and care integration
- provides information and advice
- promotes diversity and quality.

8.2 Beyond the Act itself the obligations on Local Authorities are further set out in the Care Act statutory guidance issued by the government. By virtue of section 78 of the Act, Local Authorities must act within that guidance.

8.3 The Care Act Statutory Guidance at paragraph 4.52 requires Local Authorities to:

"... have in place published strategies that include plans that show how their legislative duties, corporate plans, analysis of local needs and requirements (integrated with the Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy), thorough engagement with people, carers and families, market and supply analysis, market structuring and interventions, resource allocations and procurement and contract management activities translate (now and in future) into appropriate high quality services that deliver identified outcomes for the people in their area and address any identified gaps".

8.4 Further, under the Health and Care Act 2022 and the associated guidance Local Authorities are required to work with local health systems to provide local discharge models that best meet the needs of the local population that are affordable within existing budgets available to NHS commissioners and local authorities

9 Climate and Environmental Implications

9.1 There are no direct climate implications associated with approving this report. However, Sheffield City Council – and its 10 Point Plan for Climate Action – is a partner in the Urgent and Emergency Care Board.

9.2 We are committed to working with partners aligned with our Net Zero 2030 ambition and where specific procurement/commissioning exercises take place related to care provision we will aim to consider providers approach and performance in terms of managing the climate impacts of the services they provide. This would be done via more detailed CIAs for specific procurements

10 Other implications

10.1 No other implications.

11 Reasons for decision

11.1 Partners regularly review activity in this area at the Mental Health, Learning Disabilities, Dementia and Autism, and the Children and Young People's Delivery Group, of which councillors are members.

11.2 Approving the refreshed governance arrangements will enable a system wide collaborative place-based response to achievement of our vision and aims. It will consolidate strategic oversight to enable continual development of services to meet the needs of children and young people, adults and older adults in Sheffield.

11.2 An annual update to both adults' and children's committees is an appropriate way to update a wider group of councillors and the public. This review has also provided an opportunity to consider the most appropriate governance structures for future delivery of the strategy.

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